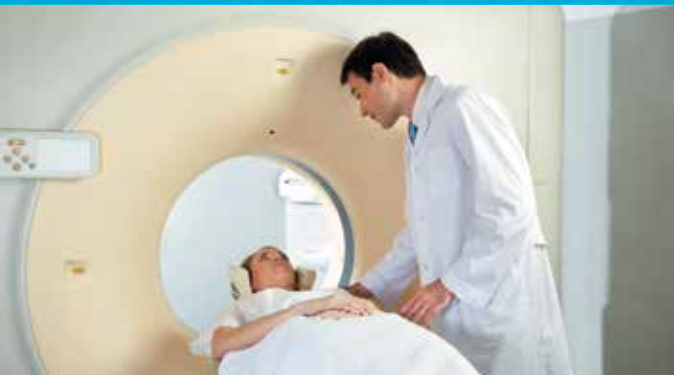


# HEALTH | REGION FREIBURG



**Excellent top-notch medicine – practised health culture – highest quality of life**







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**Dr. Bernd Dallmann**

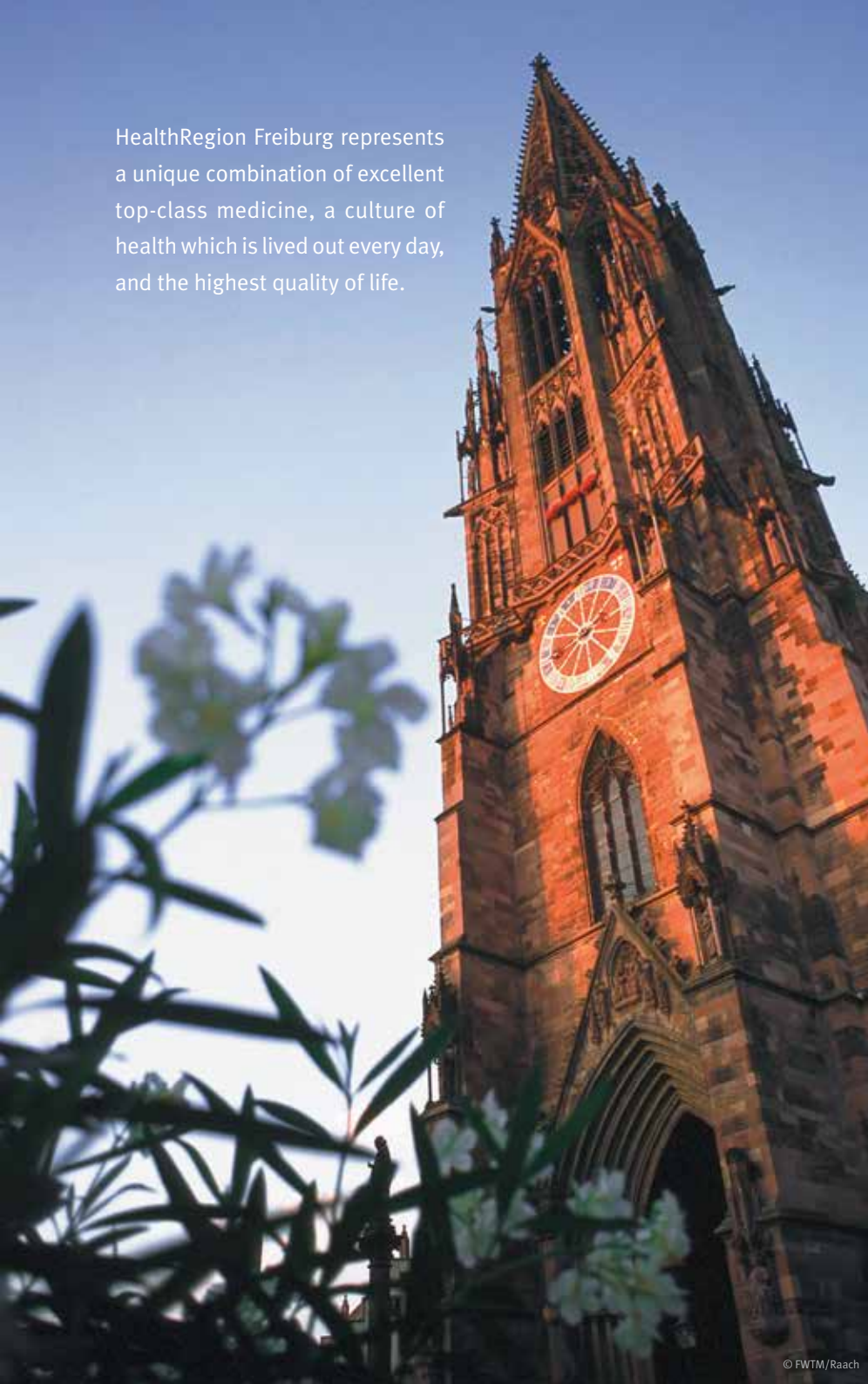
Chairman HealthRegion Freiburg e.V.

**Freiburg** is known as the city with the highest quality of life. With its diversity – medicine and health, research and science, excellent education, nature, culture and delight – the region in the border triangle with its “green city” Freiburg meets the highest expectations of demanding German and international guests.

# HealthRegion Freiburg

Welcome to the Freiburg HealthRegion – Wellbeing in the South of Germany


HealthRegion Freiburg represents a unique combination of excellent top-class medicine, a culture of health which is lived out every day, and the highest quality of life.



The leading hospitals, companies and facilities in the Freiburg region offer a perfectly coordinated range of services for maintaining and restoring personal quality of life and capabilities.


# Leisure and recreation

in the region of Freiburg

A large outdoor festival at night, featuring a prominent white tent with a sign that reads "ZELT-MUSIK-FESTIVAL". The scene is illuminated by numerous strings of warm white lights hanging from tall poles. A large crowd of people is gathered around the tent and other smaller structures, creating a vibrant and festive atmosphere.

The Zelt Musik Festival (ZMF) in Freiburg brings top-class music acts to the stage. With a three-week program in July, the events are among the top cultural happenings. Cabaret and street artists like flamenco dancers, pantomimes, and jugglers round off the diverse show.

© FWTM/Raach

A view of a historic city center at night, showcasing a Christmas market. The scene is dominated by a large, ornate Gothic-style building with a prominent tower. The building's facade is covered in dense strings of warm white lights, creating a magical glow. In the foreground, there are tables and stalls, likely part of the market, also illuminated with lights. The sky is a deep blue, and the overall atmosphere is festive and warm.

Visit the historic city center for one of the most popular Christmas markets in the south of Germany. You will be fascinated by the festive atmosphere, delicious treats and traditional products.

© FWTM/Schoenen



### Shopping

Strolling through the small alleys to the Schwabentor invites you to dawdle and marvel. Discover the special charm of this area in the city centre of Freiburg.

© FWTM/Schoenen



### Leisure time in the mountains of "Schauinsland"

Take the longest gondola lift in Germany and in 20 minutes you will reach Freiburg's local mountain. From the upper station you can then embark upon your own personal mountain adventure or relaxation day.

© Bergwelt Schauinsland



© FWTM/Düpper



© Bergwelt Schauinsland

# Thermal baths with level

Excellent medical care

Only 15 km from Freiburg you will find the **traditional spa resort of Bad Krozingen with its thermal bath Vita Classica**. Since 1911 people have been bathing here in the healing and comforting mineral thermal springs. With one of the highest concentrations of carbonic acid in the world, the mineral thermal water has a relaxing and regenerating effect and is an important part of the spa and rehabilitation measures. Not far from the healthy springs one can find another centrepiece of Bad Krozingen as a modern healthcare location: the „heart centre“, one of the most important ones in Germany.

© Kur und Bäder GmbH Bad Krozingen







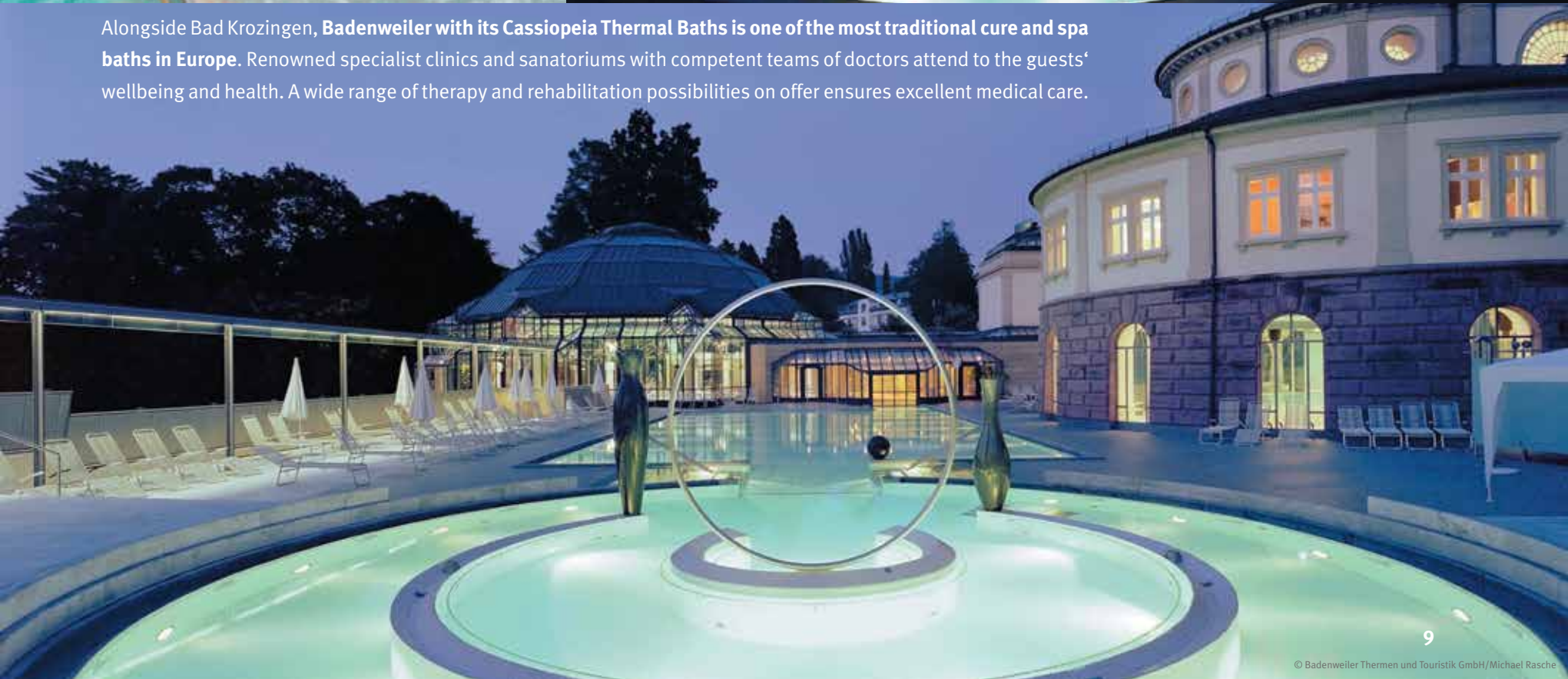
© Keidel Mineral Thermal Bad Freiburg

In an idyllic location on the outskirts of the city of Freiburg is the **KEIDEL mineral thermal bath**. Sensitive embedded in the natural environment of the forest moss bath offers the best conditions to bring body and soul into harmony.



© Keidel Mineral Thermal Bad Freiburg

Alongside Bad Krozingen, **Badenweiler with its Cassiopeia Thermal Baths is one of the most traditional cure and spa baths in Europe**. Renowned specialist clinics and sanatoriums with competent teams of doctors attend to the guests' wellbeing and health. A wide range of therapy and rehabilitation possibilities on offer ensures excellent medical care.



# 3 countries – one region

Discover the diversity of the tri-border region

The **Tri-border region** is the region of the Upper Rhine with its parts Black Forest, Alsace and region Basel. Visit us and discover the diversity of our tri-national region.

© Andreas Zimmermann



10

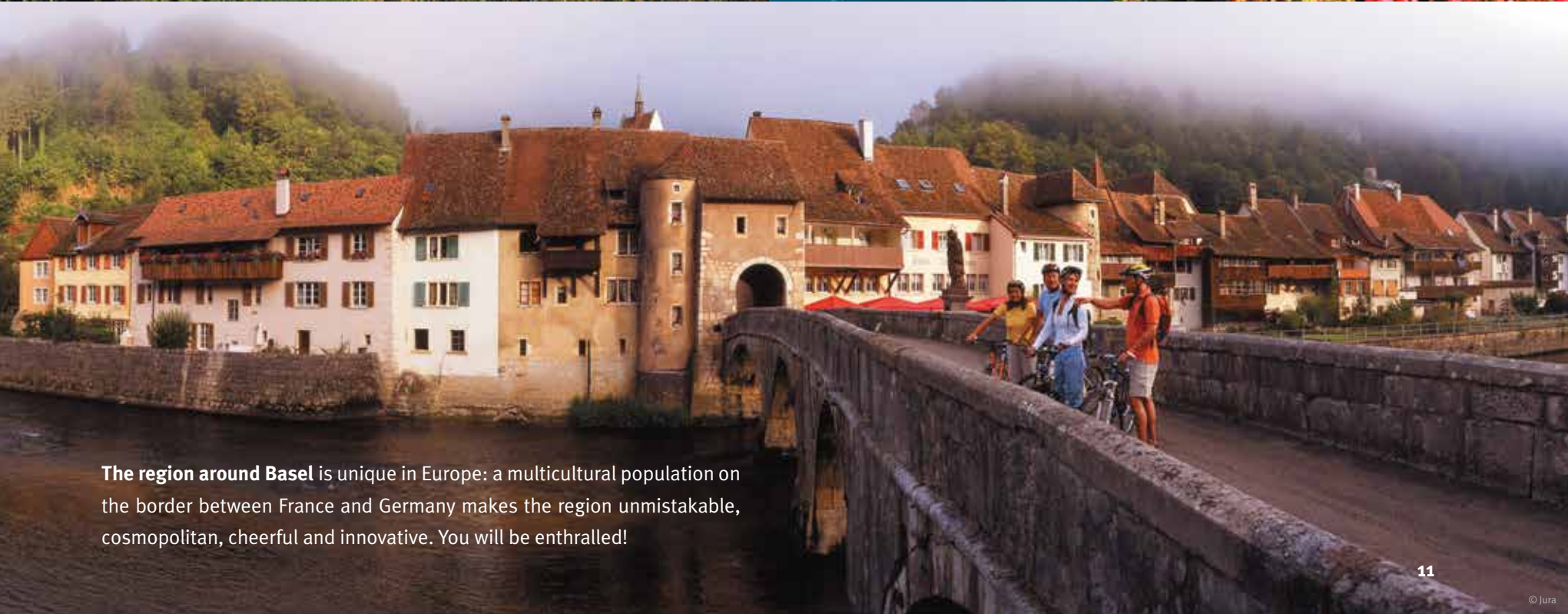
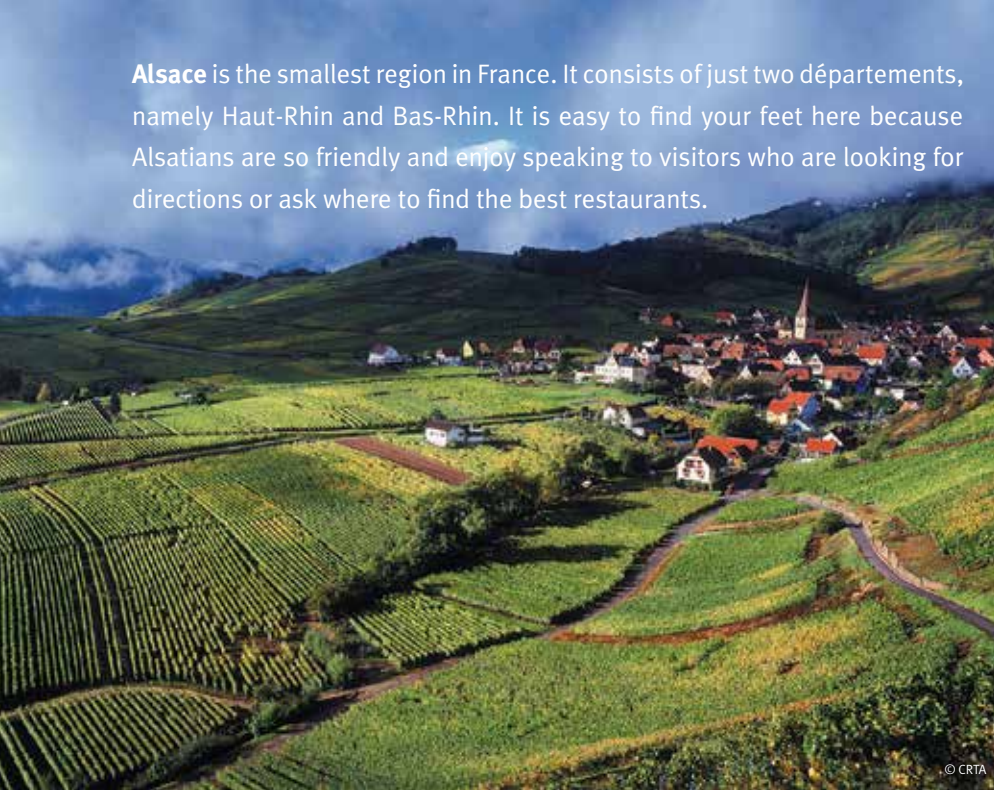
© Schwarzwald Tourismus GmbH

Cuckoo clocks, “Bollenhut” hats, Black Forest farms and Black Forest gâteau – the **Black Forest** is the epitome of a homely German holiday resort. But it is also a landscape of modern industry and culture, a huge recreational area, and a Mecca for outdoor enthusiasts.

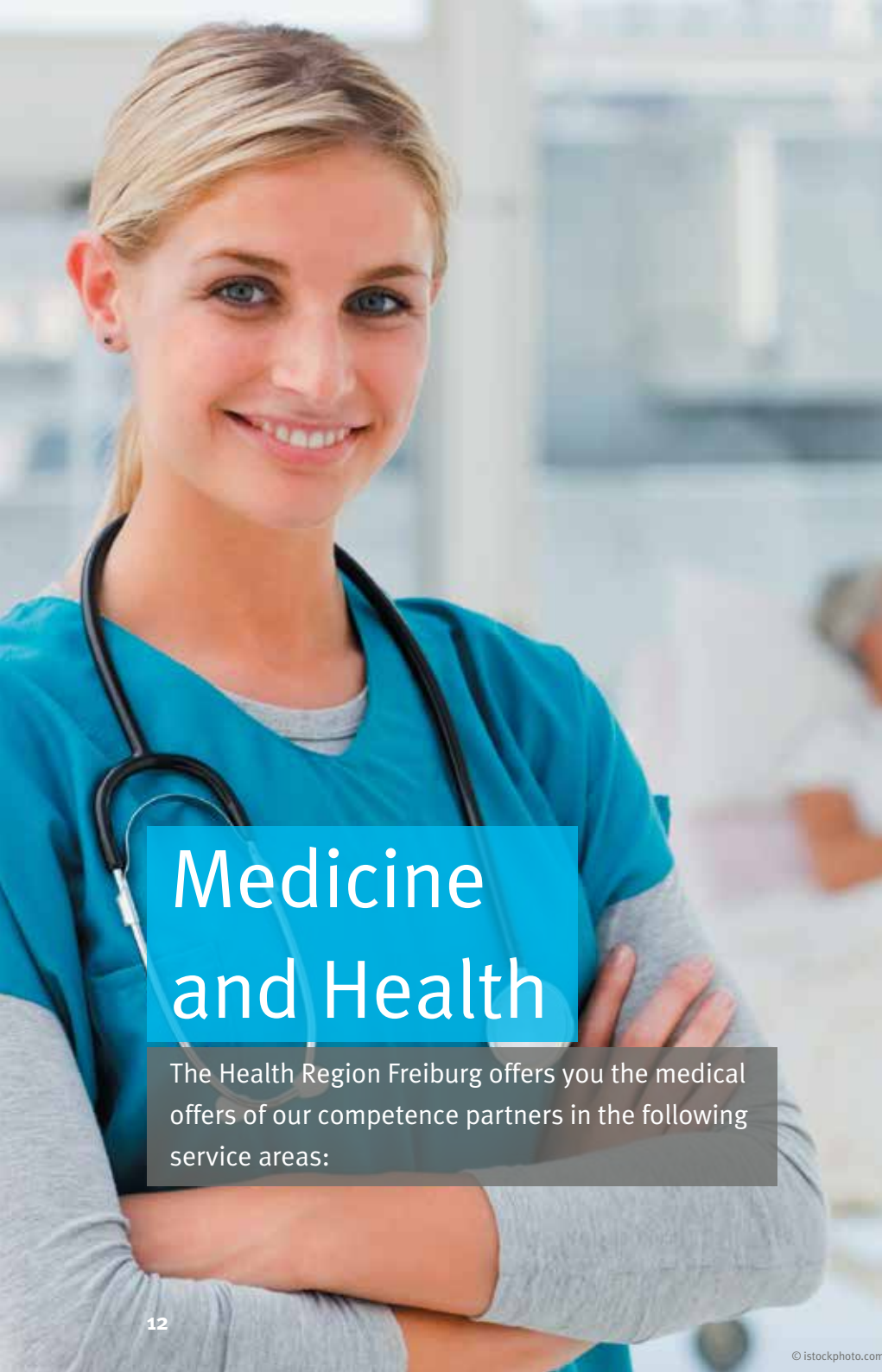


© Schwarzwald Tourismus GmbH

**Alsace** is the smallest region in France. It consists of just two départements, namely Haut-Rhin and Bas-Rhin. It is easy to find your feet here because Alsatians are so friendly and enjoy speaking to visitors who are looking for directions or ask where to find the best restaurants.



**The region around Basel** is unique in Europe: a multicultural population on the border between France and Germany makes the region unmistakable, cosmopolitan, cheerful and innovative. You will be enthralled!



© Evangelisches Diakoniekrankenhaus

# Medicine and Health

The Health Region Freiburg offers you the medical offers of our competence partners in the following service areas:

## Cardiovascular diseases

Bringing together expertise in this way and applying the latest research results have made it possible for healthcare, research and teaching to become established at the very highest international level in HealthRegion Freiburg. In the following clinics and practices you find focus suitable offers:

- Theresien Clinic Bad Krozingen ..... 38
- University Heart Centre Freiburg • Bad Krozingen ..... 40
- University Medical Centre Freiburg ..... 42



© Gesundheitsresort Freiburg



© Barmer GEK

## Musculoskeletal system

Signs of wear and tear and injuries to joints mean a significant loss of quality of life for those affected. Thanks to modern medicine, the many pains and limitations can today be contained. Even if intervention is necessary, patients no longer need to expect months of walking on crutches. In the following clinics and practices you find focus suitable offers:

HELIOS Private Hospitals .....	28
Holistic Medicine Centre – Dr. Karner .....	44
Mooswald Clinic .....	32
RKK Medical Centre .....	36
Theresien Clinic Bad Krozingen .....	38
University Medical Centre Freiburg .....	42

## Oncology

HealthRegion Freiburg is one of the most important competence centres in cancer medicine and research today. The therapy concepts are orientated on the individual problems, but also on options for promoting health, and the individual resources and target prospects of the patient. In the following clinics and practices you find focus suitable offers:

Evangelisches Diakoniekrankenhaus .....	24
Földi Clinic .....	26
Freiburg Radiation Therapy Centre .....	46
HELIOS Private Hospitals .....	28
Holistic Medicine Centre – Dr.Karner .....	44
RKK Medical Centre .....	36
Tumor Biology Center .....	30
University Medical Centre Freiburg .....	42



## Neurological diseases

Neurological diseases are diseases of the nervous system and the muscular system and reach from a stroke and inflammatory diseases of the nervous system to multiple sclerosis. A targeted therapy requires a precise neurological diagnosis which should be carried out by specialists for diseases of the brain and the nervous system. In the following clinics and practices you find focus suitable offers:

BDH Klinik Elzach GmbH .....	20
HELIOS Private Hospitals .....	28
RKK Medical Centre .....	36
University Medical Centre Freiburg .....	42

## Lymphology

Disturbances of the functions of the lymphatic system can be congenital or acquired. If the body cannot counteract the disturbance in the lymphatic system anymore, lymphatic fluid builds up thus causing a swelling which is called lymphedema. The disease lymphedema becomes chronic if not treated and will continue to deteriorate. In the following clinics and practices you find focus suitable offers:

Földi Clinic .....	26
University Medical Centre Freiburg .....	42



## Long-term pain therapy

As part of this holistic therapeutic approach, HealthRegion Freiburg relies on consistent pain treatment by specially-trained experts in pain therapy within the aforementioned interdisciplinary team. Consultants, nursing staff (pain nurses), psychologists, chaplains and other specialists work together with the patient to find out what causes and effects their specific individual pain has. In the following clinics and practices you find focus suitable offers:

Evangelisches Diakoniekrankenhaus .....	24
HELIOS Private Hospitals .....	28
Holistic Medicine Centre – Dr. Karner .....	44
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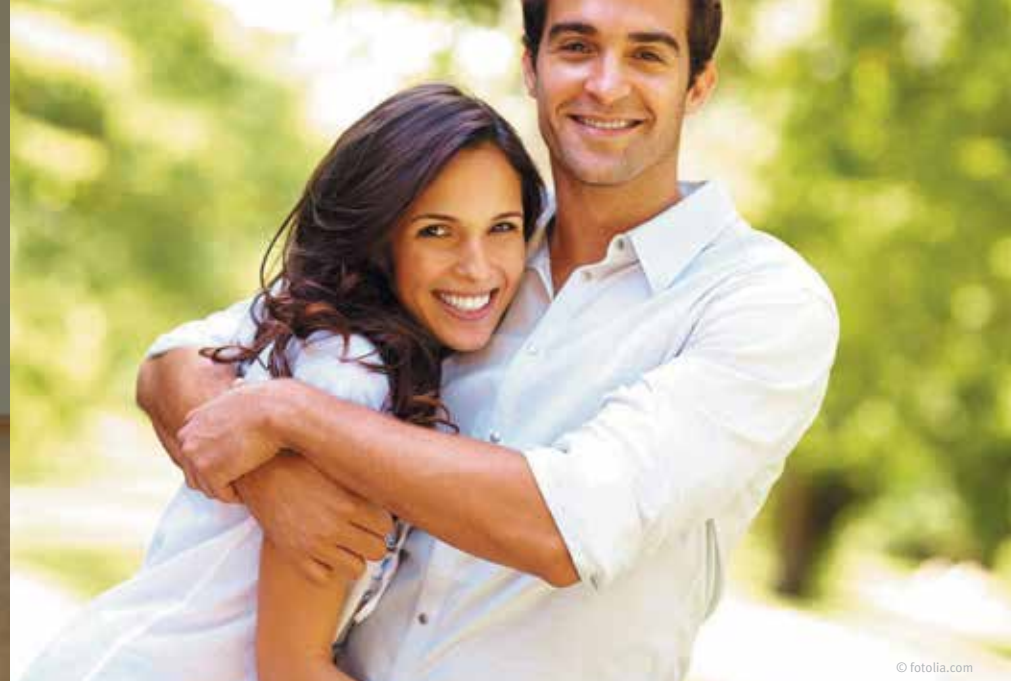
## Holistic medicine

Integrative-holistic medicine sees itself as the link between acute and preventative medicine, regulation medicine and a new understanding of health and illness. Here, patients are seen as a complete personality; the direct interaction of body, spirit and soul. Promoting personal responsibility and self-help plays a crucial role here. In the following clinics and practices you find focus suitable offers:

Mooswald Clinic .....	32
Holistic Medicine Centre – Dr. Karner .....	44



© Erich Lexer Klinik



© fotolia.com

## Aesthetic plastic surgery

The goal of aesthetic plastic surgery is to restore radiance and naturalness, thus making an immediate contribution to quality of life and wellbeing. Physical changes caused by the aging process or external features which do not fit the individual's idea of beauty can thus be adapted to the patients' individual requirements. In the following clinics and practices you find focus suitable offers:

Erich-Lexer-Clinic .....	22
University Medical Centre Freiburg .....	42

## Dental medicine

The shortest route between two people is a smile; a radiant smile and healthy teeth represent quality of life and play a significant role in the health of the human body. Modern dental medicine is more than just classic treatments with fillings and false teeth. In the following clinics and practices you find focus suitable offers:

Dental practice – Dr. Marko Knauf .....	34
University Medical Centre Freiburg .....	42





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© iStockphoto.com

## Corporate health management

In addition to consulting and process monitoring, the Health Region Freiburg offers experienced partners for the implementation into practice. The wide range – from events and individual medical and psychosocial counselling to measures of human resources development and health promotion – can be adapted individually to meet the requirements of your company. In the following clinics and practices you find focus suitable offers:

Fitalmanagement .....	70
Holistic Medicine Centre – Dr. Karner .....	44
Mooswald Clinic .....	32

## Medical Wellness / Spa

Set your spirit free and simply relax. In the Health Region Freiburg you will find exclusive thermal baths and medical wellness hotels for highest requirements.

Cassiopeia Thermal Bath in Badenweiler .....	48
Colombi Hotel Freiburg .....	54
Dorint An den Thermen Freiburg .....	56
Hotel Stadt Freiburg .....	58
KEIDEL Mineral-Thermal Bath Freiburg.....	50
Vita Classica .....	52

A group of four medical professionals in white lab coats are gathered around a workstation in a control room. They are looking at two large monitors displaying CT scan images of a human head. One man is pointing at the left monitor. In the background, another monitor shows a chest X-ray. The room is brightly lit with a cool blue tone.

# Partners and offers

Leading companies and institutions in Freiburg offer a perfectly coordinated offer for maintaining and regaining your personal quality of life and efficiency



## Hospitals and doctors

20

International leading competence centres have established networks with various partners in the respective fields in the Freiburg HealthRegion. The patient will be treated guided by a holistic approach of perfect interaction of body, mind and soul.

## Thermal baths and wellness

48

Set your spirit free and simply relax. In the HealthRegion Freiburg you will find an exclusive offer of thermal baths and wellness hotels with all facilities to meet the demanding visitor's requirements.

## Hotels and restaurants

54

The Freiburg HealthRegion is known for its outstanding gastronomic offers. The hotel industry is of correspondingly high quality. Discover the variety and the special charm of the Baden lifestyle.

## Patient service

60

Personal contact persons coordinate the stay of international guests, eliminate language barriers and ensure a trustful relationship between physician and patient.

## Service providers

66

The innovative strength of the Freiburg HealthRegion goes far beyond the purely medical area. Highly specialised service companies often make important contributions in the most diverse sectors in reply to the key question „What can we do to help the patient?“. 19

# BDH-Klinik Elzach GmbH – Neurological Rehabilitation Clinic

Neurological and Geriatric Rehabilitation Clinic, trauma and injury effects

**BDH-Klinik Elzach**  
Klinik für Neurologische Rehabilitation



## BDH-Klinik Elzach GmbH

Klinik für Neurologische Rehabilitation

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Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/bdh-klinik](http://www.healthregion-freiburg.de/bdh-klinik)

The BDH-Klinik Elzach is one of Germany's leading competence centres for neurological rehabilitation. In a unique location of the Southern Black Forest natural preserve, we treat people with neurological diseases of all severities, from young adults to geriatric patients. We also specialize on patients with chronic pain symptoms, particularly those suffering from headache attacks.

As member of the Rehan Network and partner of the Freiburg University Medical Centre, we guarantee complete treatment supported by the latest advances in evidence-based medicine.

### Range of services (Selection):

- › Early neurological rehabilitation
- › Neurological rehabilitation
- › Geriatric rehabilitation
- › Treatment of
  - › Strokes
  - › Brain hemorrhages
  - › Cerebro-cranial trauma
  - › Hypoxic brain damage
  - › Spinal cord injuries
  - › Headache attacks

## Neurological rehabilitation

Effective rehabilitation oriented on everyday life

We offer effective rehabilitation oriented on every day for all neurological spectrum disorders, including chronic diseases. After individually prepared therapy plans, each patient gets a rehabilitation programme individually adjusted for his resources and deficits.

### Included services:

- › Welcome and admission interview
- › Detailed medical diagnosis
- › ICF-based, individual therapy planning
- › Highly specialized, multidisciplinary therapy
- › Advice given to family members
- › Organisation of further treatment
- › Final interview

## Headache therapy

Treat migraine and other headaches effectively

Migraines and stress or cluster headaches can make the life of the sufferer miserable. What many don't know is that chronic headaches should not just be accepted because there are effective treatment approaches. We help you to find a way out of the vicious circle of pain and medication.

### Included services:

- › Welcome and admission interview
- › Detailed medical diagnosis
- › ICF-based, individual therapy planning
- › Medication withdrawal
- › Behavioural and creative therapy
- › Organisation of further treatment
- › Final interview

## Erich-Lexer Clinic

Specialist clinic for aesthetic plastic surgery in collaboration with the University Medical Centre Freiburg



Ästhetisch-Plastische Chirurgie  
in Kooperation mit dem  
Universitätsklinikum Freiburg

### Erich-Lexer-Klinik GmbH

Breisacher Str. 84b

79110 Freiburg

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www.lexerklinik.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/lexerklinik](http://www.healthregion-freiburg.de/lexerklinik)

Aesthetic plastic surgery at international level!

The Lexer Clinic is an ultramodern private clinic for aesthetic plastic surgery in close collaboration with the renowned University Medical Centre Freiburg and the 4-star Hotel „Stadt Freiburg“, a constellation which is as such unique in Europe.

The personal combination of private clinic and university guarantee maximum safety for high-class plastic surgery at international level – in exclusive surroundings.

### Range of services (Selection):

- › Breast surgery
- › Abdominoplasty
- › Body lift
- › Face lift
- › Liposuction
- › Hair transplant
- › Eyelid lift
- › Rhinoplasty
- › Otoplasty
- › Labiaplasty



## Face and neck surgery

Face lift, eyelid surgery, neck lift etc.

Face lifts or rhytidectomy are different types of surgery to tighten the face and neck area.

The aim is to achieve a younger and natural-looking (and not an artificial) facial expression. Age-related changes, particularly in the area of the cheeks, the neck / throat and the corners of the mouth are remedied.

### Included services:

- › Consultation and explanation of the surgical possibilities
- › Information about the operation and the risks associated
- › Medical examination and pre-medication
- › Surgery under general anaesthesia, standby, or local anaesthesia
- › Outpatient or inpatient stay
- › Check-ups



## Breast surgery

Breast reduction, breast augmentation, breast lifting

Breast augmentation (mamma augmentation plasty) increases the size of the female breast with the insertion of an implant. Breast reduction (mamma reduction plasty) is a procedure where large ptotic (sagging) breasts are reduced and concomitantly lifted. Breast reduction in men is called “gynecomastia”.

### Included services:

- › Consultation and explanation of the surgical possibilities
- › Information about the operation and the risks associated
- › Medical examination and pre-medication
- › Surgery under general anaesthesia
- › Outpatient or inpatient stay
- › Remedies and aids (compression bra or vest)
- › Check-ups

## Evangelisches Diakoniekrankenhaus Freiburg

Hospital of the basic and standard care with a focus on Visceral Medicine and Gynecology



### Evangelisches Diakoniekrankenhaus Freiburg

Wirthstr. 11

79110 Freiburg im Breisgau

Tel: +49 761 / 13 01-01

info@diak-fr.de

www.diakoniekrankenhaus.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/diak-fr](http://www.healthregion-freiburg.de/diak-fr)

The Evangelische Diakoniekrankenhaus is an academic teaching hospital of the University of Freiburg. Its clinics provide highly specialised services. The range of services is complemented by inpatient beds and numerous collaborations.

True to its motto “close to the people”, the Evangelische Diakoniekrankenhaus combines medical and nursing care of outstanding quality with individual, sensitive devotion. This lets you enjoy all the benefits of a manageable and transparent medium-sized hospital, and at the same time you will receive treatment at university level.

#### Range of services (Selection):

- › State of the art diagnostic and surgical procedures (MIC)
- › Automated, microprocessor-controlled anaesthesia equipment
- › Post-surgery pain therapy
- › State of the art endoscopic procedures (examination and interventions)
- › Cooperation with trauma and sports surgery and radiotherapy and oncology practice
- › Holistic package (pastoral care, psycho-oncology)
- › Premium rooms





## Visceral Medical Centre

Optimal diagnosis and treatment of the abdominal cavity

The Medical and Surgical Clinic together form a Visceral Medical Centre where abdominal specialists collaborate closely. This permits an optimal and minimally invasive diagnosis and therapy of all diseases of the gastrointestinal tract including the pancreas, liver, gall bladder and biliary tracts.

### Included services:

- › Comprehensive interdisciplinary consultancy and treatment
- › High-quality diagnostic procedures (endoscopy, MRI and ERCP)
- › All surgery of the abdominal cavity as well as inguinal hernias using minimally invasive technique
- › Health checks with different focal points (e.g. heart)
- › Cardiovascular and vascular diseases and hypertension
- › Close cooperation with radiotherapy centre and local oncology practice



## Centre for Breast Diseases

Optimal treatment of breast diseases

The “Centre for Breast Diseases Südbaden” is certified according to the requirements of the German Cancer Society and the German Society of Senology. All cases are discussed by specialised physicians from all specialist areas. This ensures the optimal therapy for patients is applied on the basis of the most up-to-date knowledge.

### Included services:

- › Interdisciplinary consultation of all cases (tumour conference) with specification of the ideal treatment plan
- › All surgical procedures (minimally invasive interventions and breast conservation surgery)
- › Aesthetic restoration of the shape of the breast
- › Corrections to the shape of the breast (cosmetic augmentation or reduction of breast volume)
- › Close cooperation with radiotherapy centre and local oncology practice

## Földi Clinic

Physical, medicinal and surgical therapy, including emergency care

Fachklinik für  
Lymphologie



### Földiklinik - Fachklinik für Lymphologie

Rösslehofweg 2–6

79856 Hinterzarten

Tel: +49 7652 / 124-0

foeldi@foeldiklinik.de

www.foeldiklinik.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/foeldi](http://www.healthregion-freiburg.de/foeldi)

The Földi Clinic is a specialist clinic for lymphology, in which inpatient and outpatient treatment of lymph vessel diseases, oncological rehabilitation and follow-up treatment are carried out. Payers are all statutory and private health insurance, pension funds and professional associations.

Daily treatment sessions and 24-hour care by physicians and nurses are ensured. As an internationally recognized lymphological centre, we offer treatment for patients from all German regions as well as from European and non-European countries.

#### Range of services (Selection):

- › Integrated diagnostics and findings
- › Internists, surgeons, plastic surgeons, gynaecologists, physical and rehabilitation therapists on site
- › Cooperation with the Freiburg University Hospital
- › Differential diagnostics of lymphological clinical pictures
- › Instrument-based and laboratory diagnostics
- › Complex physical decongestive therapy (CPDT)
- › Psychotherapy and a lot more



## Lymphoedema

Comprehensive decongestive therapy (CDT)



## Chronic wound treatment

Phase-specific care

The recognized therapy for lymphoedema is comprehensive decongestive therapy, which we offer every day and individually adjusted to the oedema finding. Before discharge, compression socks are made to order. Our integrative management includes diagnostics and therapy of concomitant diseases that worsen oedema.

### Included services:

- › Individually adjusted therapy with manual lymph drainage, compression therapy (bandages, sock supply), physiotherapy and skin sanitising
- › Specialist, interdisciplinary diagnostics and therapy of oedema-relevant concomitant diseases
- › Nutrition advice, weight reduction
- › Self-treatment guidance in which caregivers participate
- › Psychotherapy

Chronic wounds can develop as a result of vascular diseases such as venous ulcers. Additionally, a lymphoedema can interfere with wound healing, also after injuries or surgical interventions. The treatment of chronic wounds is done according to the current standards of the German Wound Healing and Treatment Society.

### Included services:

- › Phase-specific wound care according to current standards
- › Individually adjusted decongestive therapy for lymphoedema (CDT, see lymphoedema therapy)
- › Interdisciplinary diagnostics and therapy of concomitant diseases that affect wound healing
- › Surgical wound debridement
- › If necessary, plastic-surgical covering of the defect after conservative prior treatment



## Helios Private Hospitals

HELIOS private hospitals offer medical care at the highest level in an exclusive hotel ambience



**HELIOS**

Privatkliniken GmbH

### HELIOS Privatkliniken GmbH

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Jostalstraße 12

79822 Titisee-Neustadt

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www.helios-privatkliniken.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/helios](http://www.healthregion-freiburg.de/helios)

Passion for competence and quality.

We promise you highest medical quality and most modern examination methods based on the Group-wide HELIOS quality management. The ambience is comfortable, elegant and was developed keeping your comfort in mind. Your well-being is our benchmark. With joint forces and attention we are committed to make your stay in the clinic as pleasant as possible.

Our employees impress with attention to detail and empathy. We are at your services to accommodate your individual requirements.

#### Range of services (Selection):

- › HELIOS Private Clinic Breisach:
  - › Endoprosthetics
  - › Spine surgery
  
- › HELIOS Private Clinic Titisee-Neustadt:
  - › Aesthetic surgery
  - › Cartilage cell transplantation
  - › Obstetrics
  
- › HELIOS Private Clinic Müllheim:
  - › Geriatric medicine
  - › Abdominal surgery
  - › Obstetrics
  - › Shoulder surgery



## Spine surgery

Improving the quality of life for sufferers of back pain



## Therapy for Parkinson's disease

Therapy and monitoring of medication plans

We offer you a complex treatment from comprehensive diagnostics and targeted pain therapy to surgical treatment. We focus on: Reconstructive spine surgery, microsurgical removal of disc herniae, disc prostheses (cervical spine, lumbar spine) and surgery to replace vertebrae.

### Included services:

In addition to treatment at highest medical level, we also offer a wide range of services. These include the accommodation during the inpatient stay in very comfortable rooms, the transfer from Basel Airport and, if required, the translation of medical reports. Optionally we can also take care of a comfortable accommodation for any accompanying persons. We would be pleased to prepare a custom quotation for the treatment of your condition.

Parkinson's disease requires a proper, multimodal therapy. The monitoring of the medication plan of every patient requires great care and detailed expertise. The great expertise of our neurological-geriatric team under the management of Dr. Ehrle-Anhalt provides support to the patients.

### Included services:

- › 14 days in-patient stay in our private clinic with specialist treatment management
- › Neurological and cognitive initial and final examinations
- › 11 x 3 therapy units at 30 minutes daily (Mon.-Sat.) in the fields of physiotherapy, physical therapy, occupational therapy and speech therapy
- › Monitoring of the medication plan with accompanying dose and therapy control
- › In addition to the treatment at highest medical level we also offer a wide range of services. We would be pleased to prepare a custom quotation for you.



## Tumor Biology Center (KTB)

Medical cancer research, treatment and rehabilitation competence centre



**Klinik für Tumorbologie  
Freiburg im Breisgau**

### **KTB Klinik für Tumorbologie GmbH & Co. KG**

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Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/ktb](http://www.healthregion-freiburg.de/ktb)

The cancer diagnosis is a big turning point in the life of the affected person.

That's exactly when an intensive dialogue between the patient and the physician, nursing staff and therapist starts – because our facility focuses especially on three things: Best medical treatment, state-of-the-art therapeutic methods and the patient's highest possible quality of life. Something exceptional in Freiburg's Tumor Biology Center is that, as unique service centre, it bundles the three competence fields of acute medicine, rehabilitation and research under one roof.

#### Range of services (Selection):

- › Chemotherapy
- › Hormone therapy
- › Immunotherapy
- › Growth factors
- › Signal transduction inhibitors
- › Tumour inoculation and vaccination
- › Psychological therapy sessions and psychological education measures
- › Art therapies
- › Ergotherapy
- › Outpatient psycho-oncological sessions

## Second Opinion

Comprehensive advice given by professional specialists

We evaluate the documentation of your condition and the therapies carried out so far. Based on this, we draw up – together with you and various professional specialists – the subsequent strategic plan. At the end you receive a detailed written expert opinion.

### Included services:

- › Evaluation of medical findings
- › Thorough clinical examination
- › Supplementary diagnosis
- › Suggestion of an oncological treatment concept
- › Nutrition advice
- › Body activity concept
- › Advice and recommendation about complementary procedures

## Oncological check-up

Holistic prevention concept

Both genetic and environmental factors can contribute to the risk of cancer. Against the background of your personal risk profile, we will recommend the right diagnostics plan consisting of a staggered laboratory diagnostics and meaningful medical technology examinations. The result is your personalised prevention plan.

### Included services:

- › Comprehensive laboratory diagnosis
- › Thorough internal examination
- › Instrument-based diagnosis with CT / MRI / PET
- › Creation of a personalised prevention plan

## Mooswald Clinic – the orthopaedic rehab clinic

Orthopaedic-trauma rehabilitation, med. prevention, occupational health management



### Gesundheitsresort Freiburg

Mooswaldklinik – Die orthopädische Rehaklinik

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Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/mwk](http://www.healthregion-freiburg.de/mwk)

For more than 20 years, the Mooswald Clinic in the health resort of Freiburg has been a famous facility beyond the regional borders that offers a comprehensive treatment concept under one roof for orthopaedic-trauma diseases and injuries: Inpatient rehabilitation / outpatient therapy, outpatient med. rehabilitation / outpatient therapy, remedies, occupational health management and medical fitness.

It offers competent medical care and advice, innovative concepts and state-of-the-art technologies.

The Mooswald Clinic is certified according to the DIN EN ISO 9001:2008 and DEGEMED standards.

### Range of services (Selection):

- › Specialised in back and spinal diseases, shoulders, hips, knees and degenerative arthritis
- › Inpatient rehabilitation / outpatient therapy
- › Outpatient rehabilitation / follow-up treatment / outpatient therapy
- › Outpatient therapy / remedies
- › Med. occupational rehabilitation
- › Occupational health management
- › Medical fitness health promotion health check-ups
- › Health days and weeks
- › Health seminars



Offers

## Remain healthy exercising

Individual health check and exercise training

## Back special

Customised back programme with check and training

PerGu-Check® medical fitness is a standardised, easily implemented test procedure for determining your health profile. The immediate evaluation of the test results offers the best conditions for comprehensive advice given by our specialized medical staff. It is the basis for your customised health training.

### Included services:

- › PerGu-CHECK® BASIS (pulse and blood pressure, oxygen saturation, body mass index (BMI), body fat, coordination test, stress test, heart portrait); additional check module on request
- › Evaluation of test results and advice
- › Creation of a customised training plan
- › Health training using equipment (endurance, strength, movement, coordination, speed)
- › Group sessions / Course programmes
- › Prevention and treatment of degenerative arthritis, for example

Benefit from our medical competence in the treatment of back pain. We specialise on prevention as well as post-surgical and conservative therapy. From the individual back check and med. care all the way to training in computer-assisted equipment, we offer a comprehensive treatment spectrum.

### Included services:

- › Medical Fitness PerGu-CHECK® Comfort (includes computer-assisted analysis of the back)
- › Medical and physiotherapeutic examinations
- › Physiotherapeutic treatment (conservative and post-surgical)
- › Back massages
- › Training in the computer-assisted back centre (biofeedback equipment)
- › Creation of a customized training plans based on the check-up
- › Individual introduction to health training for the back



## Dental practice – Dr. Marko Knauf

Your partner for healthy and pretty teeth



PRAXIS FÜR ZAHNMEZIN DR. MARKO KNAUF

### Praxis für Zahnmedizin – Dr. Marko Knauf

Im Hotel Stadt Freiburg

Breisacher Straße 84

79110 Freiburg

Tel: +49 761 / 6 00 88-01

info@zahnmedizin-freiburg.de

www.zahnmedizin-freiburg.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/dr-knauf](http://www.healthregion-freiburg.de/dr-knauf)

Nowadays, nobody who values his appearance and dental health should abstain from a nice smile.

With our innovative concept, state-of-the-art installations and equipment – and above all thanks to a team of highly qualified dentists, we guarantee high professionalism in all important dental fields.

A flexible treatment team is ready to treat you from Monday to Saturday, even after regular business hours by appointment.

We aim to unite our patients' wishes with the medical requirements of modern dentistry.

#### Range of services (Selection):

- › Computer-assisted implantology
- › Aesthetic dentistry
- › Digital taking of impressions
- › Microscope-assisted endodontics
- › Three-dimensional X-ray diagnostics (DVT)
- › Treatments under general anaesthesia



## Check-up for your oral health

Prevention for keeping your teeth health & pretty

Solely the smile decides what is considered the beauty of a face (Leo Tolstoy).

We will gladly give you comprehensive advice on how to keep your teeth healthy or how we can remove existing defects. We really look forward to your visit!

### Included services:

- › Detailed findings upon admission
- › (3-dimensional) X-ray diagnostics
- › Detailed advice given that considers your problems and wishes
- › Creation of an individual therapeutic plan
- › Cost overview for your treatment options
- › Comprehensive exposé of all findings and therapeutic concepts



## Bleaching – your beaming smile

The gentle and permanent tooth whitening

Even with very good oral hygiene and regular preventive treatment, teeth can discolour in the course of your life – but our gentle bleaching method lastingly restores the natural whiteness of your teeth.

### Included services:

- › Pre-cleaning of the dental areas to be whitened
- › Detailed advice about the treatment procedure and possibilities
- › In-office bleaching (Philips Zoom!)
- › Tips for subsequent care to achieve a long-lasting result of your treatment



## RKK Medical Centre

The Medical Centre with the personal atmosphere of an order hospital



### Regionalverbund kirchlicher Krankenhäuser (RkK)

Sautierstraße 1

79104 Freiburg

Tel: +49 761 / 27 11-1

info@rkk-klinikum.de

www.rkk-klinikum.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/rkk](http://www.healthregion-freiburg.de/rkk)

The RKK Medical Centre Freiburg consists of the traditional Order Hospitals St. Josefskrankenhaus (founded 1887) and Loretto Krankenhaus (founded 1921) as well as the Bruder-Klaus-Krankenhaus in Waldkirch (founded 1956). The offer is complemented by the in-patient hospice Karl Josef GmbH in Freiburg.

Highly specialised skills and very modern high-tech facilities such as the clean room technology in the surgical field represent the connection of the advantages of a large hospital complex with the personal atmosphere of a Christian order hospital.

#### Range of services (Selection):

- › General, visceral and vascular surgery
- › Gynaecology
- › Obstetrics
- › Internal medicine
- › Paediatrics and adolescent medicine
- › Neurology and geriatrics
- › Orthopaedic / spinal surgery
- › Phlebology
- › Trauma and reconstructive surgery
- › Urology

## Hip and knee joint total endoprosthesis

Successful therapy for arthritis

An individually tailored concept is of crucial importance for a successful therapy of degenerative joint disease. Although arthritis cannot be cured, a successful treatment of the symptoms and an inhibition of the progression can be achieved with a hip and knee total endoprosthesis.

### Included services:

- › Examination
- › Counselling interview
- › Surgery in clean room environment
- › Use of high-quality prosthesis
- › Aftercare
- › Specialist treatment (treatment by head physician is optional)
- › 10 days (single room optional)

## Minimally invasive surgery of sacroiliac joint

Therapy for problems at the sacroiliac joint

A special hollow screw is inserted into the joint, which leads to an expansion of the sacroiliac joint. The articular surfaces are trimmed and the joint is then filled with autologous bone. The patient may be mobilised one day after the surgery, and usually he will be permanently free of symptoms after about 12 weeks.

### Included services:

- › Examination
- › Counselling interview
- › Surgery in clean room environment CT control and navigation
- › Aftercare
- › Specialist treatment (treatment by head physician is optional)
- › 5 days (single room optional)



## Theresien Clinic in Bad Krozingen

Orthopaedics and Cardiology Rehabilitation Clinic



### Theresienklinik

Am Kurpark 1

79188 Bad Krozingen

Tel: +49 7633 / 404-2102 oder -2107

info@theresienklinik.de

www.theresienklinik.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/theresienkl](http://www.healthregion-freiburg.de/theresienkl)

The Theresien Clinic is a 347-bed, state-of-the-art rehabilitation clinic for heart and orthopaedic diseases certified according to KTQ®eha.

From the most advanced diagnostic examinations to selective therapy – the focus is always on the guest. Comfortable single (and some double) rooms with shower / WC, phone, TV and balcony / terrace so guests feel that they are in good hands.

A highly motivated team of physicians, nurses and therapists is available for your individual care.

#### Range of services (Selection):

- › Follow-up healing treatment
- › Healing method through the DRV Association and all health insurance providers
- › Outpatient rehabilitation
- › Intensified follow-up rehabilitation (IRENA) through the pension insurance institute
- › Medical and career advancement services for rehabilitation
- › Flat rates for private patients
- › Special seasonal programmes



## Health check-up

Outpatient treatment for a flat rate

### Flat rate package:

Outpatient treatment in the cardiology- / internal medicine or in the orthopaedic / rheumatology department.

### Included services:

- › Admission and final meeting / medical examination
- › 2 indication-specific examinations  
(e.g. stress ECG, ultrasound of the abdominal organs)
- › Comprehensive blood work
- › Approx. 16 weekly applications  
(e.g. ergometer training, gyrokinesis, fango mud, functional gymnastics)
- › Free shuttle service to / from the clinic (up to 200 km)



## Special services

As the only clinic in Bad Krozingen...

...the Theresien Clinic is connected to the Vita Classica thermal baths via a comfortable, all-weather access ("bathrobe walkway") without having to leave the clinic. The access to the thermal bath is free of charge for Theresien Clinic guests depending on type of accommodation.

With its richly carbonated mineral water rich in carbon dioxide at a temperature of 39.4 °C, thermal Vita Classica boasts a mineral content of over 4.000 mg per litre. The sources with 2.200 mg per litre have one of the highest carbonic acid concentrations in all of Europe. The mineral thermal water has a relaxing and regenerating effect in addition to stimulating circulation. Its curative effect stems mostly from the fine-bubbled carbonic acid that penetrates the skin to exert its effect directly on blood vessels and nerves.

ANMELDUNG

## University Heart Centre Freiburg • Bad Krozingen

High-performance medicine with heart – for your heart.



### Universitäts-Herzzentrum Freiburg • Bad Krozingen

Location Freiburg: Hugstetter Straße 55  
79106 Freiburg  
Tel: +49 761 / 270-0  
info@universitaets-herzzentrum.de  
www.universitaets-herzzentrum.de

Location Bad Krozingen: Südring 15  
79189 Bad Krozingen  
Tel: +49 7633 / 402-0



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/uniherz](http://www.healthregion-freiburg.de/uniherz)

The University Heart Centre is one of the largest cardiovascular centres in Germany. An experienced team of physicians and nurses treat the patients according to the latest diagnostic and therapeutic methods.

The UHC focuses on a close exchange with specialists in other fields. The tight networking with all different levels of healthcare services – from the outpatient area and acute care to rehabilitation – the distinct areas of specialisation and the treatments on offer for rare diseases play an important role here.

#### Range of services (Selection):

- › Aortic surgery
- › Bypass surgery
- › Vascular surgery
- › Valve surgery
- › Heart transplant
- › Catheter-based treatment of
  - › stenotic coronary arteries
  - › valvular heart diseases
  - › cardiac arrhythmias
  - › arterial circulatory disorders
- › Heart failure
- › Hypertension
- › Venous diseases
- › Paediatric cardiology
- › Congenital heart defects





## Minimally invasive valve replacement

Transcatheter aortic valve implantation (TAVI)

TAVI is an effective minimally invasive procedure available for patients with severe aortic stenosis and high surgical risk. Using two alternative access paths, stent-supported aortic valve prostheses are implanted in close collaboration of heart surgeons, intervention cardiologists and cardiac anaesthetists.

### Included services:

- › Examination
- › Counselling interview
- › Surgery in state-of-the-art operating theatre
- › Aftercare
- › Specialist treatment (treatment by head physician is optional)
- › 14 days (single room optional)



## Minimally invasive reconstruction

Conservation of the natural mitral valve

The mitral valve reconstruction offers significantly better functional results than complete replacement of the valve itself. A small resection is made in the abnormal sail-like leaflets, tightened by sutures and often stabilised with an annulus. Torn chords of the valve can be replaced by special threads.

### Included services:

- › Examination
- › Counselling interview
- › Surgery in state-of-the-art operating theatre
- › Aftercare
- › Specialist treatment (treatment by head physician is optional)
- › 9 days (single room optional)



# University Medical Center Freiburg, IMS

World-class medical treatment and renowned doctors , excellent service for international patients



**UNIVERSITÄTS  
KLINIKUM** FREIBURG

## University Medical Center Freiburg International Medical Services & Business Development

Robert-Koch Str 1

79106 Freiburg

Tel: +49 761 / 270-19306 (English)

info-ims@uniklinik-freiburg.de

www.ims.uniklinik-freiburg.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/uniklinik](http://www.healthregion-freiburg.de/uniklinik)

The University Medical Center Freiburg is a full-service hospital covering the whole spectrum of medical conditions.

- › Anesthesiology
- › Cardiovascular Center
- › Comprehensive Cancer Center Freiburg
- › Dentistry
- › Diagnostic Radiology
- › Dermatology & Venerology
- › Eye Hospital
- › Gastroenterology, Hepatology
- › General and Visceral Surgery
- › Gynecology and Obstetrics
- › Neurocenter
- › Nephrology
- › Nuclear Medicine
- › Orthopedics and Trauma Surgery
- › Otolaryngology (ENT)
- › Pediatrics and Adolescent Medicine
- › Plastic and Hand Surgery
- › Pneumology
- › Psychiatry and Psychotherapy
- › Radiation Oncology
- › Rheumatology and Clinical Immunology
- › Thoracic Surgery
- › Urology

## Check-up programmes

diagnostics, preventive care

## Second-Opinion via Telemedicine

teleradiology, teleconsultations

Regular check-ups are the best form of preventive health care as conditions diagnosed in their early stages can be better treated and even cured. University Medical Center Freiburg offers a range of health check-ups and special examinations for all age groups. Our check-up programs are conducted on an outpatient basis and take from 1 to 3 days.

### Included services:

- › Gastroenterological Check-up
- › Cardio Check-up
- › Pulmonology Check-up
- › Men's health / Women's health
- › Neurological Check-up
- › Oncological Check-up
- › Endocrinology Check-up
- › Allergy Screening
- › Specialised children health care check-ups

The University Medical Center Freiburg provides teleconsultation services ("Tele-Second-Opinion") via teleconference system with our senior medical specialists. Teleconsultations are ideal for necessary follow-up care as well as for pre-treatment consultations while eliminating the extra costs and hassle of travelling.

### Included services:

- › A thorough examination of your medical documents and request form by one of our medical specialists prior to your scheduled teleconsultation
- › A live tele-second-opinion by a senior specialist
- › Interpreter services upon request
- › Technical support during the teleconsultation



## Holistic Medicine Centre – Dr. Karner

We combine university medicine, naturopathy and psychosomatics to holistic medicine



**Praxis Dr. Karner**  
*Zentrum für ganzheitliche Medizin*

### Zentrum für ganzheitliche Medizin Dr. Karner

Grünwälderstraße 17

79098 Freiburg

Tel: +49 761 / 7 55 34

info@zentrum-ganzheitliche-mezizin-freiburg.de

www.zentrum-ganzheitliche-mezizin-freiburg.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/dr-karner](http://www.healthregion-freiburg.de/dr-karner)

The medical competence centre, located in the middle of Freiburg's historical centre, offers highly efficient, supplementary medical care in a unique feel-good atmosphere. Our spectrum includes from prevention programmes for private individuals and companies all the way to special treatment of chronic diseases.

The promotion of health, quality of life and vitality are as part of holistic medicine as the search for causes and treatment of serious diseases.

We combine university medicine, naturopathy and psychosomatics to holistic medicine – the medicine of the future.

#### Range of services (Selection):

- › Holistic diagnostics and therapy of chronic diseases
- › Holistic pain therapy and exercise medicine
- › Lifestyle medicine
- › Second opinions
- › Medical check-ups
- › Stress medicine
- › Nutrition therapy
- › Occupational health management

## Biological cancer therapy

Supplementary, integrative traditional medicine strategies

© cleomiu - Fotolia.com

No “either-or”: We offer both traditional and alternative medical tumour treatments. Under the serious therapeutic options, we search for the best strategy with you and the treating centres. The objective is to strengthen the body’s own immune system to combat cancer cells effectively.

### Included services:

- › Comprehensive advice about biological cancer therapy (vital substances, diet, alternative cancer therapies, exercise)
- › Recurrence prophylaxis and biological cancer follow-up treatment
- › Bio-monitoring for naturopathic cancer follow-up treatment or prevention
- › Medical therapeutic planning for the compact programme of cancer diseases
- › Infusion therapy for reducing side effects of chemo- or radiation therapy

## Comprehensive pain therapy

Become and remain pain-free without medications and surgery

We combine our manual pain treatment programme with effective pain elimination exercises that can accomplish permanent painlessness already after one week. This is the most successful pain therapy that we have known so far – and without medications, operations and side effects.

### Included services:

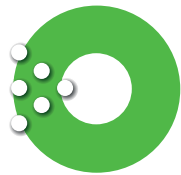
- › 1 x Initial medical examination with medical check-up
- › 1 x Pain therapy once a day
- › 1 x Exercise therapy once a day
- › 1 x Relaxation therapy once a day
- › 1 x Pain infusion and metabolic therapy once a day
- › 1 x Final medical examination



© beebox.de/Kai-Uwe Wudtke

## Freiburg Radiation Therapy Centre

Friendly, modern, close to the patient



ZENTRUM FÜR  
STRAHLENTHERAPIE  
FREIBURG

### Strahlentherapeutische Praxis

PD Dr. med. Christian Weißenberger

Wirthstraße 11c

79110 Freiburg im Breisgau

Tel: +49 761 / 15 18 64-00

info@stz-fr.de

www.stz-fr.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/stz-fr](http://www.healthregion-freiburg.de/stz-fr)

Our outpatient radiation therapy centre, located in the immediate vicinity of the Deacon Hospital in Freiburg im Breisgau, is equipped with the currently most advanced technology available.

We are especially concerned to offer sophisticated radiation therapy in an attractive setting. For this reason, we guarantee not only professional quality radiation therapy, but above all with social expertise.

We look forward to your visit and will gladly welcome you in your language: Apart from German, our team also speaks English, Spanish, Russian and Arabic.

### Range of services (Selection):

Tumour radiation therapy for

- › Breast cancer
- › Prostate and urinary tract cancer
- › Lung cancer
- › Gastrointestinal tumours
- › Ear, nose & throat tumours and brain tumours

Metastasized cancers

- › Inflammation radiation therapy for
- › Heel spur & Achilles tendon irritation
- › Degenerative arthritis
- › Humeral epicondylitis (tennis elbow)
- › Heterotopic ossification
- › Endocrine orbitopathy (Graves disease)



## Radiation therapy for cancer

For the complete recovery of our patients

© Monkey Business - Fotolia.com



## Radiation therapy for joint diseases

For the quality of life of our patients

© Kzenoni - Fotolia.com

### Radiation therapy for cancer:

We do everything we can to alleviate your disease – because we know the seriousness of a cancer diagnosis in the affected person. In an initial comprehensive meeting, we therefore clarify everything worth knowing about your diagnosis and upcoming therapy with you.

We support you – because apart from the use of the most sophisticated, state-of-the-art technology your disease demands a maximum of personal attention.

Even organisational issues – such as appointment management or therapeutic arrangements – should not become an extra burden for our patients. For this reason, we cooperate closely with our colleagues of other medical disciplines – because short, unbureaucratic paths avoid additional stress and thus support the success of our therapy.

### Radiation therapy for inflammatory joint diseases:

Overloading and inappropriate straining often lead to changes in bones, tendons and joints, which in turn frequently cause painful limitations of mobility or even its loss. Generally, quality of life is affected when performing everyday tasks is associated with pain.

If medication or physical therapy does not lead to clear improvement, radiation therapy can be effective – particularly with chronic, inflammatory or degenerative diseases.

This special therapy has an anti-inflammatory effect that suppresses autoimmune processes and influences cell functions to achieve direct symptom relief. It is completely painless and has few side effects.



© Badenweiler Thermen und Touristik GmbH/Michael Rasche

# Cassiopeia Thermal Bath in Badenweiler

3.800 m<sup>2</sup> of health and wellness under one roof



**Badenweiler Thermen und Touristik GmbH**  
Kaiserstraße 5  
79410 Badenweiler  
Tourist-Information  
Tel: +49 7632 / 7993 00  
touristik@badenweiler.de  
www.badenweiler.de



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/cassiopeia](http://www.healthregion-freiburg.de/cassiopeia)

Healthy thermal water, exclusive wellness, Roman bathing tradition, beautiful natural setting, mild curative climate, medical packages from classical to modern, accommodation and package deals for every taste and price category. In addition, the cuisine of Baden, day trips worth taking to the surrounding region, an extensive hiking trail and bike path network – in Badenweiler, it is easy to feel relaxed, concentrate on one’s health and find new strength and energy for everyday life.

Also very relaxing: With the Konus guest card, you can ride the local bus and tram for free!

- Range of services (Selection):**
- › Thermal baths
  - › Sauna area
  - › Roman-Irish bath
  - › Wellness oasis
  - › Water gymnastics
  - › Spa treatments
  - › Therapies
  - › Natural vulcanite fango mud
  - › Aquacycling



## Recharging your strength

Combination of thermal water, natural fango mud & heat

© Badenweiler Thermen und Touristik GmbH/Maik Scharfscheer

## Cassiopeia Vital

Vitalizing & invigorating – for a fresh impetus

© Badenweiler Thermen und Touristik GmbH/Maik Scharfscheer

Bathing in the thermal bath every day, beneficial fango mud in an Oriental Rasul Ceremony or a relaxing massage with the energy of warm stones – plus a lot of rest and time for enjoying the beautiful nature and atmosphere of Badenweiler. “Recharging your strength” is ideal for quickly regaining the fitness for everyday life.

### Included services:

- › 2 overnight stays including breakfast
- › Everyday admission to the Cassiopeia thermal baths
- › 1 x Cassiopeia wellness package:
  - › Massage with the energy of warm stones (approx. 30 min.)
  - › Rasul bath with natural vulcanite fango mud and maintenance oil (approx. 35 min.)
  - › Fitness salad bowl with 1 x freshly pressed juice
- › Welcome pass that includes Badenweiler’s Konus guest card

All prices are found on our homepage.

You lack a bit of zest, your muscles are tense and you would like to care more for your skin? “Cassiopeia Vital comes with an all-round vitalizing care package that will revive you”

Tip: Recharge your energy from nature too! Badenweiler is ideal for hiking, cycling or a round of golf.

### Included services:

- › 5 overnight stays including breakfast, free daily admission to the Cassiopeia thermal baths
- › 1 x sauna area and Cassiopeia wellness package:
  - › Back massage (approx. 20 min.), Rasul bath with various medicinal clays (approx. 35 min.)
- › 1 x Cassiopeia wellness package:
  - › 1 x sand-light bath (approx. 30 min.), 1 x relaxing body massage (approx. 60 min.), 1 x fitness salad bowl, 1 x freshly pressed juice
- › Welcome pass that includes Badenweiler’s Konus guest card

All prices are found on our homepage.



## KEIDEL Mineral-Thermal Bath Freiburg

The KEIDEL Baths offer a wellness area exceeding 6.000 m<sup>2</sup> with eight swimming pools and nine saunas



### KEIDEL Mineral-Thermalbad

An den Heilquellen 4  
79111 Freiburg  
Tel: +49 761 / 2 10 58 50  
info@keidelbad.de  
www.keidelbad.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/keidelbad](http://www.healthregion-freiburg.de/keidelbad)

Idyllically situated on the edge of the City of Freiburg and offering the best conditions to harmonise body and soul, the KEIDEL mineral-thermal bath are delicately embedded in the natural surroundings of the mossy forest.

A wellness area of over 6.000 m<sup>2</sup> with eight swimming pools and nine saunas makes the KEIDEL mineral-thermal bath a unique calm anchor far away from hectic everyday life. The curative and beneficial thermal water has been bubbling out of its own source since 1979.

#### Range of services (Selection):

- › 8 thermal swimming pools from 28 to 40 °C
- › Curative thermal water from own source
- › Sauna area exceeding 3.000 m<sup>2</sup> with nine saunas
- › Various relaxation rooms
- › Multisensory showers
- › Large wellness and therapy packages
- › Restaurant & sauna bistro
- › Sale of gift cards



## Freiburg Bouyancy Therapy

Unique in Freiburg

Freiburg Bouyancy Therapy is found only in the KEIDEL Bath. A floating treatment in warm 40 °C water developed according to the Halliwick method, it is for a healthy back and a stable spine.

### Included services:

Once in the water, the therapist leads you into a relaxed, floating position and instructs you carry out special muscle-relaxing exercises tailored to your needs.

### Contact for all packages:

The employees at the reception

Tel.: +49 761 / 2 10 58 50

E-Mail: [info@keidelbad.de](mailto:info@keidelbad.de)

All prices are also found on our homepage.



## Wellness and sauna area

More than 3.000 m<sup>2</sup> of relaxation

Nine different saunas, among them a block sauna and two saunas in our sauna house at the natural swimming lake as well as a generous external area with a thermal pool, are ready for your perfect day of relaxation at the KEIDEL Bath.

### Included services:

- › 8 saunas from 70–95 °C and a Turkish steam bath
- › Various relaxation rooms
- › Multisensory showers and cooling pools

### Contact for all packages:

The employees at the reception

Tel.: +49 761 / 2 10 58 50

E-Mail: [info@keidelbad.de](mailto:info@keidelbad.de)

All prices are also found on our homepage.



# Vita Classica

Bathing palace with generously sized thermal spa, sauna paradise and wellness-spa with attractive wellness offers



## Kur und Bäder GmbH Bad Krozingen

Herbert-Hellmann-Allee 12  
79189 Bad Krozingen  
Tel: +49 7633 / 40 08-163  
tourist.info@bad-krozingen.info  
www.bad-krozingen.info



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/vitaclassica](http://www.healthregion-freiburg.de/vitaclassica)

In the wide Rhine valley at the foot of the Black Forest you will find the spa and holiday resort Bad Krozingen, spoiled by mild temperatures in the midst of the lovely hilly Markgräflerland.

Health has a long tradition in Bad Krozingen. Since 1911 people take a bath in the curative and beneficial mineral thermal springs. Today the bath palace Vita Classica takes centre stage of the health centre. With a very high concentration of carbonic acid, the mineral thermal water has a relaxing and regenerating effect and is an important part of the spa and rehabilitation measures.

### Range of services (Selection):

- › Classic spa treatment
- › Compact spa treatment
- › Outpatient course of spa treatments
- › Health holiday
- › Wellness holiday
- › Short break
- › Fitness
- › Therapy
- › Recreation
- › High-quality private spas: Indian, Japanese, Turkish and Moroccan bath



## Guaranteed weight loss

Do you have a few kilos too many?

If this is the case, the adipositas programme of the Vita Classica might be just the very offer for you. With a body mass index of more than 30 (better more than 35) we guarantee a weight reduction within three weeks. Training, training and training is at the heart of your stay in Bad Krozingen...

### Included services:

- › 21 overnight stays with breakfast and Konus guest card
- › Daily admission to the Vita Classica thermal bath
- › Preliminary and follow-up medical talk with a spa physician
- › 10 x aqua cycling
- › 10 x water gymnastics
- › 6 x medical training therapy
- › 6 x Nordic walking



## Relaxing bath holiday all inclusive light

Look forward to an all-round pampering programme!

Would you like to enjoy a whole week of carefree relaxation, no organising, just relaxing? If your answer is yes, then this offer is just made for you.

### Included services:

- › 7 overnight stays with buffet breakfast and Konus guest card
- › Lunch and dinner, coffee and cake
- › Daily admission to the Vita Classica thermal bath & sauna paradise
- › Free training in the gym of the medical fitness therapy
- › Nordic walking sticks to be used for free during your stay
- › Possibility to participate in AquaCycling
- › Bicycle to be used for free during your stay
- › Rasul bath and 2 relaxing massages
- › and many more

## Colombi Hotel

A warm welcome to the hospitable Colombi Hotel! Enjoy being our guest.

© Heidi Hintereck – Hintereck Verlag



### Colombi Hotel Freiburg

Rotteckring 16 / Am Colombi Park

79098 Freiburg

Tel: +49 761 / 2 10 60

info@colombi.de

www.colombi.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/hotelcolombi](http://www.healthregion-freiburg.de/hotelcolombi)

A warm welcome to the Colombi Hotel, one of only a few luxury-class city hotels that is still run by its owners. Our 112 non-smoking rooms and suites range from cosy single rooms to the luxurious Colombi Suite with magnificent views.

On the edge of the picturesque historic center of Freiburg, Colombi Hotel is the ideal starting point for a stroll around the town or a trip to the Black Forest, to the emperor chair in the Markgraeflerland or the nearby Alsace.

### Range of services (Selection):

- › 112 non-smoking rooms
- › Gourmet restaurant (1 Michelin star) with 3 “Stuben” (cosy restaurants)
- › Piano Bar
- › Wine cellar
- › In-house patisserie with café
- › 5 Banquet rooms (capacity 250)
- › Wellness area (gym, beauty, hairdresser)

## Rendez Vous

with the cuisine of Baden

© Heidi Hintereck – Hintereck Verlag

## The Colombi Feeling

get to know and love it

Wine and food of highest quality are a matter of course in Baden. Experience the harmonious fusion of French and German cuisine. Two nights' accommodation in an elegant deluxe room including gourmet buffet breakfast and welcome gift.

### Included services:

- › 2 overnight stays in a deluxe category room
- › Rich buffet breakfast
- › 4-course menu including a glass of sparkling wine as aperitif
- › Free use of the wellness area

A warm welcome to the Colombi Hotel! Embark on a tour of discovery along the small streams that meander through the streets of Freiburg's Old Town, look out for many of the sights that are on offer in the city and in the triangle where the three countries meet. Enjoy the family atmosphere of our establishment.

### Included services:

- › 2 overnight stays in a deluxe room
- › Rich buffet breakfast
- › A Colombi book, Freiburg city guide, fruits, flowers and mineral water in your room
- › Homemade coffee & cake in the hotel's café
- › 4-course menu including aperitif
- › Shuttle service on arrival by train or free parking
- › Free use of the wellness area



# Dorint An den Thermen Freiburg

4-star hotel where you will be pampered in a nature reserve, specialised on health holidays and conferences



## Gesundheitsresort Freiburg

Dorint An den Thermen Freiburg  
Jörg Kölblin / Yvonne Stadler  
An den Heilquellen 8  
79111 Freiburg  
Tel: +49 761 / 49 08-0  
info.freiburg@dorint.com  
www.dorint.com/freiburg



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/grfr](http://www.healthregion-freiburg.de/grfr)

The Dorint An den Thermen Freiburg in the health resort of Freiburg is idyllically located south of the city centre.

The 4-star hotel with over 98 rooms and 5 suites was fully modernized and expanded in 2013. Guests are pampered with regional, seasonally fresh and international specialities in two restaurants with terraces and a communicative café bar.

The 10 conference / event rooms offer space for up to 110 persons. The KEIDEL mineral-thermal bath with sauna area is architecturally connected to the hotel.

The hotel offers medical fitness as well as medical wellness and beauty facilities.

### Range of services (Selection):

- › 98 modern rooms, power sleeping rooms, 5 suites
- › 10 bright conference / event rooms (up to 110 persons)
- › Sunbathing lawn, beer garden
- › Relaxation, sports and wellness holiday
- › Wellness / Beauty packages
- › Prevention weekend(s), Coaching
- › Healthy conferences, seminars and incentives
- › Medical and therapeutic examinations and treatment



## Beauty & Balance

Your feel-well programme from head to toe

© Viktor Baumann

Pamper yourself for two days! Enjoy a feel-well programme from head to toe in our medical beauty department that will also benefit your soul. Your face and body will be luxuriously & regally treated with the best natural products, relaxing massages and peelings – and our fine food will make you happy.

### Included services:

- › 2 overnight stays, including a vital breakfast buffet
- › Two 4-course pamper menus (also vegetarian or as light wellness menu)
- › 2 admissions to the thermal bath area of the KEIDEL mineral-thermal bath
- › Full-body peeling, full-body packing either tightening or caring, relaxing back / shoulder / neck massage, aromatic moisturizing facial treatment (cleansing, peeling, moisturizing ampoule, facial massage, mask, final care)
- › Fleecy bathrobe and shoes as well as a fruit basket in your room

## Anti-stress days

Your time for individual regeneration and relaxation

© Bitou

Take a few days off for relaxation and regeneration. Our programme is individually configured just for you depending on whether you need an active programme or pampering treatment sessions right now.

### Included services:

- › 2 overnight stays, including a generous vital breakfast buffet
- › Two 4-course gourmet menus in the evening
- › 1 special 40-minute anti-stress massage
- › 1 “PerGu-Check-Basis” personal health check
- › 1 medical fitness training instruction
- › 1 individual anti stress programme (active, relaxing or pampering)
- › 2 admissions to the thermal bath area of the KEIDEL mineral-thermal bath



## Hotel Stadt Freiburg

Modern 4-star establishment



### Hotel Stadt Freiburg

Breisacherstraße 84  
79110 Freiburg  
Tel: +49 761 / 89680  
info@hotel-stadt-freiburg.de  
www.hotel-stadt-freiburg.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/hotelfreiburg](http://www.healthregion-freiburg.de/hotelfreiburg)

The Hotel Stadt Freiburg is a modern, owner-run 4-star establishment of international standard. The hotel is positioned in a peaceful yet easily accessible location in direct proximity to the University Medical Center Freiburg and Freiburg Trade Fair.

Unique in Germany is the cooperation with excellent partners in medicine and beauty which are integrated in the hotel, as well as with the Erich-Lexer Clinic and the Centre for Sports Orthopaedics Freiburg and the Practice for Physiotherapy „physiopoint“, the Practice for Dental Medicine and the Centre for Cancer Medicine of Prof. Unger.

#### Range of services (Selection):

- › 211 air-conditioned rooms and suites
- › Modern restaurant
- › Bar
- › Large lobby with fireplace
- › Library
- › Air-conditioned conference rooms (for up to 80 persons)
- › Sauna
- › Steam bath
- › Gym

## Adventure package – City tour

Overnight stay with city tour

© FWTM/Schoenen

Combine your stay at the hotel in the Hotel Stadt Freiburg with an exceptional city tour through the historic old town of Freiburg. The following services are included in our package:

### Included services:

- › 2 overnight stays with buffet breakfast
- › City tour with HISTORIX
- › Free admission to our sauna and our steam bath
- › Free parking in our parking garage during your stay

Kindly contact our reception for the exact price per person.

## Pleasure package – Wine country Baden

Overnight stay with wine package

© FWTM/Schönen

Freiburg is located in the midst of beautiful wine regions. It pays to visit and explore the Kaiserstuhl, the Margräflerland and also the Breisgau. We would like to welcome you to this beautiful region with our wine package.

### Included services:

- › 2 overnight stays, superior room, buffet breakfast
- › One glass of Baden sparkling wine produced exclusively from grapes of the winemaker to welcome you in our hotel bar
- › A 3-course meal with accompanying Baden wines in our restaurant
- › Wine tasting discovery tour with nine different wines in the Alten Wache (old guard) on the Freiburger Münsterplatz (open from Monday to Saturday)
- › Free parking in our parking garage during your stay

Kindly contact our reception for the exact price per person.



## PROMEDIN GmbH – Information and service centre for foreign patients

Full service in the medical tourism sector for our guests and patients from the CIS states

© Andres Rodriguez - Fotolia.com

## PROMEDIN CENTER

### PROMEDIN GmbH

Büggeneuterstrasse 1  
79106 Freiburg  
Tel: +49 761 / 55 65 49-4  
info@promedin.com  
www.promedin.com  
www.arena-kvartir.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/promedin](http://www.healthregion-freiburg.de/promedin)

Since 2005 our company has been successfully involved in medical tourism. During this time we have accompanied several hundred patients from the CIS states during their examinations and treatments and offered support.

We offer our guests and patients the full service from start to finish, from processing enquiries to helping with customs clearance for the return flight. Our partners are leading medical practices, hospitals and other medical facilities located in the city and surrounding region.

Dedicated to our customers, we are constantly on the lookout for new offers from the medical, rehabilitation and wellness area.

### Range of services (Selection):

- › Processing of enquiries
- › Optimisation, compilation and coordination of the examinations and treatment plans
- › Interpreting and translation service
- › Airport transfer
- › Accommodation for our guests and patients in hotels and holiday apartments
- › Support during the entire stay



## Interpreter service (German/Russian)

Accompanying interpreter during visits

© Andres Rodriguez - Fotolia.com

PROMEDIN offers to Russian-speaking customers professional interpreting services during their stay in Germany.

We are not physicians or civil technicians, however we can follow the train of thoughts of a physician or architect to such an extent, that the information is communicated consistently and without any problems of understanding the content.

### Included services:

- › Advice on all matters concerning interpreting and submission of a non-binding quotation
- › Selection of the interpreters according to relevant experience
- › Precise, reliable planning and support of the use of interpreters
- › Compelling price / performance ratio
- › Absolute discretion



## Accommodation in holiday apartments

Holiday apartments near the University Hospital

© contrastwerkstatt - Fotolia.com

PROMEDIN manages several 1, 2 and 3-room holiday apartments. All apartments are fully furnished and offer barrier-free access. The ideal location between train station and University Hospital permits you to reach the city centre and University Hospital in just a few minutes on foot. The tram stop “Friedrich-Ebert-Platz” is located directly in front of the house.

### All holiday apartments comprise:

- › Fully-functional kitchen
- › Free WI-FI
- › Television set (German and Russian channels)
- › Joint use of washing machine and tumble dryer

## SupremaMed GmbH

International management of private patients

SALVS  
AEGRO  
TI SV  
PREMA  
LEX

# SUPREMA MED®

## SupremaMed GmbH

St.-Andreas-Straße 11  
79189 Bad Krozingen  
Tel: +49 7633 / 16 09 59  
24h +49 174 / 7 86 85 28  
werner@supremamed.de  
www.supremamed.com



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/supremamed](http://www.healthregion-freiburg.de/supremamed)

### AEGROTI SALUS SUPREMA LEX

The health of the patient is of paramount importance. Being an independent and autonomous company, we offer in cooperation with leading service providers in medicine and WELLNESS exclusive and high-quality care during their curative treatment. A thorough selection of partners permits us to unite top medical practitioners and leading service providers to form a top team for specific projects in the service of our customers. We coordinate, organise and assume responsibility for the stay of our guests in a transparent, sustainable manner in harmony with the environment.

### Range of services (Selection):

- › Organisation and logistics of stays of foreign patients
- › Coordination of curative treatment
- › 24h standby in several languages
- › Professional interpretation for patients during
  - › doctor's visits, curative treatment
  - › rehabilitation stay
  - › medical examinations
- › Care of patients by professional staff in the native tongue of the patient
- › nationwide / abroad / 24h



## Patient and guest

Instruction, support and monitoring



## Medicine and development

Promotion and support of extraordinary projects

We as qualified staff respond to the problems of our patients and guests. In cooperation with partners and specialists we will then draft a treatment plan. In consultation with the customer we will organise his stay and will support him and all persons concerned at all times.

### Included services:

- › Support during outpatient and inpatient treatment
- › Intensive 24 h support in difficult medical cases
- › Support during the rehabilitation phase
- › Assistance in the social environment of the patient
- › Moving to independence and everyday life
- › Sustainable patient management

We support doctors, physicians and service providers in the relevant working environment in their work on extraordinary projects.

### Included services:

- › Promotion of doctor exchange
- › Support of young students
- › Medical aid abroad
- › Participation in the development of medical devices
- › Participation in social projects



## Welltours OHG

Welltours – wellness, medicine, tours in South Baden for Russian guests



**welltours**  
Wellness Medizin Tours

### Welltours OHG

Blücherstr. 17  
79110 Freiburg  
Tel: +49 761 / 52 07 44 20  
info@welltours.com  
www.welltours.com



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/welltours](http://www.healthregion-freiburg.de/welltours)

Welltours OHG is a Freiburg-based, independent company that combines medicine, wellness and tourism geared to the special needs of international guests.

The package includes own health and wellness programmes, the organisation of individual stays and the personal care of the guests during their entire stay. Welltours OHG is a partner of leading Russian tour operators and collaborates with numerous clinics, physicians and health facilities in Freiburg and the surrounding area.

#### Range of services (Selection):

- › Personalised medical packages
- › Wellness programmes
- › Day trips to the three-country region
- › Care in Russian



## Personalised medical packages

Organisation of guided medical stays

This package geared to the personal needs of the patient includes the areas of prevention, diagnostics and treatment as well as rehabilitation and health cure. Welltours takes care of all necessary preparation needed for the stay and looks after its customer during their entire stay.

### Included services:

- › Advice given for selecting clinics and physicians
- › Translation of medical documentation
- › Arrangement of treatment programmes
- › Planning the stay
- › Booking of accommodation and transfers
- › Arrangement of a framework programme on request
- › Care during the stay

## Wellness programmes

Wellness stays with varied framework programme

Every year, Bad Krozingen impresses thousands of visitors from many different countries with its unique combination of health packages and its idyllic location on the three-country region. The wellness package centred on the thermal water source discovered in 1911 is the centre of varied programmes having a different emphasis and scope.

### Included services:

- › Admission to the thermal and sauna paradise
- › Different individual uses
- › Individual day trips to the region
- › Accommodation in selected 3- to 4-star hotels and flats
- › Hotel reception and detailed information about the health resort and programme
- › Translation services on request



© istockphoto.com

## BARMER GEK

With around 8.7 million insured, BARMER GEK is Germany’s largest health insurance provider



### BARMER GEK

Regional office Freiburg  
Heinrich-von-Stephan-Str. 5  
79100 Freiburg  
Tel: 0800 / 33 20 60 29-0  
freiburg@barmer-gek.de  
www.barmer-gek.de



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/barmergek](http://www.healthregion-freiburg.de/barmergek)

Our insured persons benefit from a powerful health network with 150,000 contractual physicians, hospitals, pharmaceutical manufacturers and pharmacies. Among these are own rehab centres and spa clinics of BARMER GEK. In addition we are committed to intensive science & research and a continuous improvement of your health care.

Simply excellent! Our first-class services and our excellent customer care have earned us multiple awards. Recently we were awarded the seals “Best health insurance company for families” and “Best health insurance company for demanding persons” in the FOCUS MONEY test.

### Range of services (Selection):

- › Physician and hospital navigation system
- › Better living programme
- › Prevention and early detection
- › Skin check
- › Children’s and youth programme
- › Maternity insurances
- › Naturopathy
- › Service telephone and callback service
- › Accessible around the clock
- › Bonus programmes, selectable tariffs, additional protection



## Best health insurance for families

Especially for families: More benefits. More service.

Particularly when you are ill you would like to be able to rely on your health insurance provider. This is one of BARMER GEK very strong points, as we offer a reliable, innovative and extensive care service for all the family. Additionally numerous extra benefits are included – far more than required by law.

### Included services:

- › Premium services: From naturopathy to individual health promotion
- › Great bonus programmes for all the family with attractive rewards
- › Compelling services and packages: From BARMER GEK tele-physician (by phone) to arranging medical appointments
- › Special children's and youth programmes: With packages tailored to the requirements of children and adolescents and innovative health checks
- › Special preventive and rehabilitation measures: For mothers & fathers



## BARMER GEK Integrated Care

Hand in hand for your health

Our programmes are tailored on specific focal points of diseases (e.g. endoprosthetics, cardiology, surgery). Persons insured with BARMER GEK who are due to have a vascular therapy, can choose to be examined and treated exclusively by selected physicians, hospitals or other health care providers.

### Benefits of integrated care:

- › Advantages of integrated care
- › Active involvement of the patients
- › Cross-linking of treatment levels
- › Excellent cooperation of all parties involved
- › A significant increase in quality of treatment
- › High guarantee standards
- › Shorter waiting times for example for (day case) surgery
- › Reimbursement of co-payments depending on the contract



## Dorner GmbH & Co KG

Health IT Solutions

# DORNER

## HEALTH IT SOLUTIONS

### Dorner GmbH & Co KG

CEO Karl-Eugen Dorner  
Neuenburger Straße 4  
79379 Müllheim  
Tel: +49 7631 / 3676-0  
info@dorner.de  
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Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/dorner](http://www.healthregion-freiburg.de/dorner)

The most advanced technology and 30 years of experience in healthcare – that is what Dorner Health-IT Solutions GmbH & Co KG in the Markgräflerland is all about. Our software supports thousands of medical professionals in clinics, hospitals, practices and laboratories in their daily work. However, we would also like to give you – the adult patient conscious of his care – programmes and applications for documenting your health and fitness.

We have already accomplished a few things and have placed them ready for you to try out in the myhealth.de HealthCloud.

### Range of services (Selection):

- › Electronic communication across the sectors
- › Laboratory information systems
- › Hygiene monitoring and antibiotic management
- › Medical management information systems
- › Word-based reporting
- › Sports medicine and fitness
- › Medical workflow management
- › Web-based order entry and information
- › Web-based deadline planning
- › Electronic health record

## Termin buchen

Bitte wählen Sie eine Einrichtung aus, in der Sie einen Termin buchen möchten:

Offers

1. Auswahl - Einrichtung

DORNER Health IT Solutions St. Krankenhaus Gesundheitszentrum Pflegereich

2. Termin

DORNER Health IT Solutions  
Dorner GmbH  
Neuenburger Straße 4, 79379 Müllheim

1. Auswahl Termityp

Ressourcenauswahl

Therapeut: Maria Heffer

2. Auswahl

[i/med] Organizer

Online scheduling

https://myhealth.de/

imed Medizin Sport Max Mustermann, Alter: 49 Jahre

Meine HealthCloud

Bereich auswählen

Vorlage auswählen

anzeigen

Max Mustermann, Alter 49 Jahre

Arztbrief-Medica\_00000000

IMG\_2459\_new.jpg 07.06.2013

Meine Daten

Gesundheitsfile 07.06.2013 (12:17)

Meine Daten

Gesundheitsfile 06.06.2013 (20:33)

Meine Daten

Gesundheitsfile 05.06.2013 (08:15)

Meine Daten

Gesundheitsfile 04.06.2013 (15:47)

Meine Daten

Laufen Fahrradfahren Schwimmen Krafttraining Ernährung

Puls

Eingabedatum	Eingabezeit	Durchschn.	Maximal
00:00	135	160	

Gewicht

Eingabedatum	Eingabezeit	Gewicht
00:00		

Jun 2013

Mo	Di	Mi	Do	Fr	Sa	So
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Strecke

Eingabedatum	Eingabezeit	Strecke
00:00		

Geschwindigkeit

Eingabedatum	Eingabezeit	Geschwindigkeit

[i/med] Health

Personal electronic health record

Offer stress-free, relaxing scheduling. Many of your customers, patients and colleagues would like to do that – including in the evening and on weekends when your phone line is busy or you don't have time to answer. Offer them this service and make your appointment quota available for online scheduling in the myhealth.de HealthCloud.

### Included services:

- › Personal access to myhealth.de
- › Free definition of the online appointment quota
- › Easy and complex appointments
- › Freely configurable time windows
- › E-mail and SMS notification of the booked appointments
- › Synchronisation with Outlook

Would you like to include your wishes and ideas in the development of our HealthCloud in myhealth.de? A health record only available to you! It can have the fitness data from your heart rate monitor watch, X-ray reports, laboratory values, whatever, only you decide! We look forward to your free, non-binding registration!

### Included services:

- › Personal health record in myhealth.de
- › Personal access control
- › Import and structured display of medical and fitness information
- › Integration with fitness and medical systems
- › Clear display of your fitness and health trend
- › Support of your personal health management
- › Smartphone integration

## FITALMANAGEMENT Innovative Health Counselling

Leading occupational health management and executive check-up service provider

### FITALMANAGEMENT

#### FITALMANAGEMENT

Mozartstraße 14

79104 Freiburg

Tel: +49 761 / 4 00 13 10

info@fitalmanagement.de

www.fitalmanagement.de



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/fital](http://www.healthregion-freiburg.de/fital)

FITALMANAGEMENT is a leading occupational health management (OHM) service provider. We give advice to companies and organisations, draw up concepts for the systematic setup of OHM and provide support for its introduction.

Together with experienced specialists, sports teachers, physical therapists and trainers, we have a long experience in carrying out medical check-ups and health prevention programmes for companies and their employees. We combine substantial preventive examinations in the most important fields with practical tips for everyday life.

#### Range of services (Selection):

- › Systematic introduction to occupational health management
- › Moderation of working groups
- › Executive check-ups
- › Executive training
- › Lectures and cooking workshops for healthy eating
- › Cardiovascular training and spa treatments
- › Health-centred team activities
- › Rehabilitation / Outpatient therapy
- › Organisation of conferences, also combined with executive check-ups

## Executive check-ups

Check-up with exercise, relaxation & nutrition workshop

Groups of 4–12 persons undergo medical check-ups in the most important medical fields in combination with active endurance & relaxation training, the FITAL cooking workshop for healthy eating and a management and health workshop. Accommodation is in 4-star hotels of the Freiburg region and in the Black Forest.

### Included services:

- › 3 overnight stays with full board
- › Laboratory tests
- › Sports & internal medicine check-up with stress ECG and lactate measurement
- › 2 additional check-ups of your choice
- › 1 massage of your choice
- › 2 units of Nordic Walking with pulse monitoring training
- › FITAL cooking group workshop
- › Management and health group workshop

## Systematic introduction to OHM

From current condition analysis to the OHM concept

Conception and moderation of the 1<sup>st</sup> meeting of the health working group or meeting with management for introduction of OHM. Carrying out a current condition analysis from which the initial measures are implemented in the working group / management. Evaluation takes place after the measures are implemented.

### Included services:

- › Assignment clarification meeting
- › Conception and moderation of the 1<sup>st</sup> meeting
- › Carrying out the current condition analysis
- › Presentation of the current condition analysis
- › Derivation of the measures
- › Implementation of the measures
- › Evaluation of the implemented measures
- › Evaluation of results



## iOR Language school

German language courses, holiday courses, VIP and family courses, company courses



### **iOR Sprachschule / Sprachakademie**

Hans-Sachs-Gasse 9  
79098 Freiburg  
Tel: +49 761 / 45 36 93 95  
info@ior-germany.de  
www.ior-sprachschule.com



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/ior](http://www.healthregion-freiburg.de/ior)

“Where the world meets”

In the border triangle: At the border between Germany, France and Switzerland, iOR Language School has become a unique meeting place for very different groups from all over the world: Students, businessmen, families with children and companies. Apart from correct High German and cultural highlights you can find friends here, establish business contacts and fall forever in love with the most beautiful city in Germany: Freiburg. iOR Language School is a recognised and licensed Language school and TELC examination centre.

#### Range of services (Selection):

- › Courses for German and other languages at all levels A1–C1
- › Telc exams A1–C1
- › Group course / intensive course
- › Summer / holiday programme
- › VIP and family courses
- › Corporate service
- › Individual tuition
- › 2-student courses
- › Individual advice and support
- › Organisation of accommodation



## German language and holiday courses

Language courses with complementary programme

These language courses combine German or foreign language courses with an interesting activity and excursion package. The focus is on conversation and practical use of the language. This is accompanied by highbrow cultural and culinary offers, thus promoting automatic acquisition of the language and putting some fun into learning.

### Included services:

- › Courses for German and other languages at all levels A1–C1
- › Telc exams A1–C1
- › Extensive leisure facilities
- › Accommodation according to your requirements (German host family, holiday apartment, hotel in Freiburg or surroundings)

## VIP courses / family courses

Foreign language course according to your requirements

VIP courses or family courses are particularly popular with our customers who are interested to offer their children or family members a different stay in a foreign country.

VIP courses - your very particular ideal about a stay in Germany or a different country of the world!

### Language packages that are particularly popular among our customers:

- › Family course in Freiburg or in Lörrach
- › German language course with an experienced teacher of German during a round trip through Germany, Austria or Switzerland.
- › English language course with our dedicated teachers of English at England's south coast or in beautiful Ireland
- › French language course tête-à-tête during a journey discovering the Loire valley in France!



## kd-projekt-consulting GmbH

Individual logistics solutions for hospitals, nursing care facilities and pharmaceutical companies



kd-projekt-consulting GmbH

Dennis Müller

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Tel: +49 7631 / 7 16 76

[www.kd-pc.de](http://www.kd-pc.de)



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/kdpc](http://www.healthregion-freiburg.de/kdpc)

The karl-dischinger-projekt-consulting gmbh (kd-pc) is a subsidiary of the Karldischinger Group with headquarters in Ehrenkirchen near Freiburg.

kd-pc develops individual logistics solutions for mid-sized companies and large corporate customers, among others in the pharmaceutical and healthcare sector and for hospitals and nursing care institutions. The main focus is on practical measures that can be implemented quickly. Depending on the module and requirements the realisation and implementation of the logistics concepts will be accompanied or executed completely by kd-pc.

### Range of services (Selection):

- › Modular analysis of logistics processes for different functional areas within the hospital
- › Development of logistics concepts, if required using modern IT tools (routing systems)
- › Monitoring of implementation of logistics solutions by means of training and process audits
- › Execution with logistic assistants on site
- › Assumption of operative activities
- › Possibility of GMP-compliant storage of medicines



## Logistics analysis

You decide on your success

The analysis of the existing internal and upstream logistic processes is the basis for a successful process optimisation within the different functional areas. By virtue of recording the actual processes of the individually selected module, the target processes can be subsequently displayed and areas for improvement can be identified.

### Analysis of logistic processes focusing on:

- › Internal order processing
- › Consignment management
- › Warehouse organisation
- › In-hospital transport organisation
- › Patient transport
- › Supply and disposal processes



## Development of logistics concepts

Keep the processes running and not the staff

The main objective of the concepts offered is increasing the value chain and the efficiency. If your staff are relieved from doing jobs that are not directly related to their tasks, the resources hidden so far become visible again and can be used in the areas of specialisation which sustainably improves the care situation in return.

### Included services:

- › Identification of potential for optimisation within the selected module
- › Development of a target concept
- › Process design
- › Infrastructure planning
- › Possible use of modern IT tools such as electronic routing systems
- › Monitoring or implementation of the developed concept



## kongress & kommunikation gGmbH

Organisation and marketing of events related to health, medicine, science, etc.



kongress & kommunikation gGmbH

### kongress & kommunikation gGmbH

Hanferstr. 4  
79108 Freiburg  
Tel: +49 761 / 2168 08-15  
info@kongress-kommunikation.de  
www.kongress-kommunikation.de  
www.wisma-gmbh.de



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/k-und-k](http://www.healthregion-freiburg.de/k-und-k)

Managing personal interaction is our core business. As joint subsidiary of the University Medical Centre and the University of Freiburg, we specialise on organizing medical and scientific events, continuing education courses and even international congresses.

In management cooperation with WiSMa GmbH, our expertise accompanies you also in non-scientific events from their first idea to the evaluation: Health, scientific and medical events, delegation trips, marketing and incoming events.

#### Range of services (Selection):

- › Event conception
- › Budget planning
- › Strategic and marketing planning
- › Graphic design and Internet
- › Print and e-advertising
- › Registration of participants
- › Sponsor acquisition
- › Trip management
- › Framework programmes
- › Events



## Event management

Full service, from conception to evaluation



## Healthcare market delegation trips

Programme creation, establishment of contacts

Starting with selective marketing planning, continuing with scientific abstract handling and congress management and ending with a detailed evaluation, we offer top quality and outstanding service – whether you would like to make use of partial services or a tailor-made concept for your objectives.

### Included services:

- › Event scheduling from A to Z
- › Target group analysis
- › Winning over sponsors
- › Acquisition of participants
- › Implementation of all marketing measures
- › Trip management
- › Preparation of workshops and lectures
- › Many different framework programmes

We offer congress and delegation trips with tailor-made framework programmes. In them, we combine professional seminars and lectures with interesting tours and expert talks. There are outstanding contacts with China through WiSMa GmbH.

### Included services:

- › Flight / Rail reservations
- › Programme planning
- › Organisation of overnight stays
- › Expert talks
- › Daytime trips and clinic tours
- › Exclusive participation in conferences and workshops
- › Dinner (gala / conference dinner)

## Clotten Medical Care Centre

Medical care centre for laboratory medicine, microbiology and hygiene in Freiburg



### Clotten Laborverwaltung GmbH

Merzhauser Str. 112a  
79100 Freiburg  
Tel: +49 761 / 3 19 05-0  
info@mvz-clotten.de  
www.mvz-clotten.de



Visit our HealthRegion profile site:  
[www.healthregion-freiburg.de/mvzclotten](http://www.healthregion-freiburg.de/mvzclotten)

Our medical care centre for laboratory medicine, microbiology and hygiene (Clotten Medical Care Centre) in Freiburg with over 200 employees, linked to the efficient Limbach Group Laboratory Association considers itself as a supra-regional, partnership-based service provider for practising physicians and hospitals as well as occupational medicine centres and areas of the pharmaceutical industry.

Our examination spectrum comprises all areas of laboratory medicine diagnostics and is continuously expanded by forward-looking methods and new examination parameters.

### Range of services (Selection):

- › Clinical chemistry
- › Immunology
- › Transfusion medicine
- › Virology / Infection serology
- › Microbiology
- › Molecular biology
- › Hygiene and environmental medicine
- › Fat metabolism outpatient's clinic
- › Clotting outpatient's clinic
- › Paediatric endocrinology outpatient's clinic
- › Gesumol laboratory concept for health optimization



## Colon cancer prevention

Immunological stool test (HaemImmun®)

Colon cancer is one of the most common types of cancer. More than 60.000 people are diagnosed with it every year in Germany alone. Yet there is hardly a more curable type of cancer than colon cancer – provided it is detected early. The superior sensitivity and accuracy of immunological faecal occult blood has been scientifically proven.

### Included services:

- › HaemImmun®:
  - Two stool samples are immunologically tested each for
  - › Haemoglobin (Hb)
  - › Haemoglobin-haptoglobin complex

Please enquire telephonically about the exact costs.



## GESUMOL profile prevention

Metabolic check: health optimization & prevention

Oxidative stress, inflammation and lack of energy are important causes of chronic diseases. The conditions mentioned above can be assessed with the GESUMOL profile “prevention”, which includes a written evaluation with recommendations for optimizing health, increasing productivity and preventing disease.

### Included services:

- › Antioxidative capacity
- › CRPhs
- › HbA1c
- › Small fatty acid profile
- › Co-enzyme Q10
- › Vitamin D
- › Selenium VB

Please enquire telephonically about the exact costs.

## PACs Verlag GmbH

Health, wellness and well-being are the central issues of our publishing company



### PACs Verlag GmbH

Gewerbestraße 9

79219 Staufen

Tel: +49 7633 / 933 20-0

[pacs@pacs-online.com](mailto:pacs@pacs-online.com)

[www.pacs-online.com](http://www.pacs-online.com)



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/pacs](http://www.healthregion-freiburg.de/pacs)

Apart from magazines such as “Gesunde Medizin” (healthy medicine), one of the most read health magazines in Germany, or “Gesundheit & Wellness Südbaden” (health & wellness South Baden) for all people who would like to do something for their health in the region, we also publish professional media for physicians and pharmacists.

Reading on its own, however, is only a first step towards health. Our audio books on different health topics offer practical support to achieve a healthy lifestyle.

More products maintaining and promoting your health and well-being can be found at [www.arcelia.de](http://www.arcelia.de).

### Range of services (Selection):

- › “Gesunde Medizin”  
([www.gesundemedizin.de](http://www.gesundemedizin.de))
- › Arcelia - The online shop of  
“Gesunde Medizin”  
([www.arcelia.de](http://www.arcelia.de))
- › “Gesundheit & Wellness  
Südbaden”  
([www.gesundheit-wellness24.de](http://www.gesundheit-wellness24.de))
- › “Urlaub” - The holiday magazine  
for families  
([www.ferien-fuer-familien.de](http://www.ferien-fuer-familien.de))





## Gesunde Medizin

The magazine for increased well-being

Every month “Gesunde Medizin” informs about current topics all about health and well-being. All facets of a healthy life are addressed: Medicine and therapy, fitness and beauty, psyche and relaxation, healthy travelling, healthy living and healthy diet.

### Included services:

One of the special features of “Gesunde Medizin” is the reader forum. Within the scope of the test club, readers are given the possibility to test health products themselves and to find out about their influence on health. The expert club encourages reader every month to send own tips and advice.

[www.gesundemedizin.de](http://www.gesundemedizin.de)



## Health & Wellness

Health of a regional dimension and information

If you are living in South Baden, or if you are here on holiday or enjoying a spa, you cannot avoid the topic “Health and Wellness”. Our region has so much to offer that one tends to easily lose track. Our new magazine brings articles on the topic of health in all its facets, always combined with specific regional tips.

### Included services:

Apart from a competition with attractive prizes, there is also a comprehensive list of events and talks providing in-depth information on health, well-being and wellness.

[www.gesundheit-wellness24.de](http://www.gesundheit-wellness24.de)

# SIEMENS

## Siemens AG

Siemens stands for innovative products, comprehensive solutions and services in the health care sector

## SIEMENS

### Siemens AG

Habsburger Straße 132

79104 Freiburg

Tel: +49 761 / 27 12-0

[www.siemens.de/freiburg](http://www.siemens.de/freiburg)



Visit our HealthRegion profile site:

[www.healthregion-freiburg.de/siemens](http://www.healthregion-freiburg.de/siemens)

The Siemens Healthcare Sector is one of the world's largest suppliers to the healthcare industry and a trend-setter in medical imaging, laboratory diagnostics, medical information technology and hearing aids.

Fire alarm systems and fire extinguishing systems guarantee a comprehensive fire protection. Particularly sensitive areas can be secured against unauthorised access with video technology or access control systems.

### Range of services (Selection):

- › Systems for diagnostic imaging
- › Systems for therapy
- › Clinical solutions
- › Laboratory diagnostics
- › IT solutions
- › Energy efficiency
- › Building automation
- › Fire protection
- › Safety technology
- › Financial solutions



## Medical technology

Innovative solutions in the healthcare sector

Siemens offers its customers products and solutions for the entire range of patient care from a single source – from prevention and early detection to diagnosis, and on to treatment and aftercare. By optimizing clinical workflows for the most common diseases, Siemens also makes healthcare faster, better and more cost-effective.

### Included services:

- › Angiography
- › Surgical C-arms and navigations
- › CT scanning
- › Magnetic resonance imaging
- › Mammography
- › Molecular imaging (nuclear medicine)
- › Ultrasound



## Building services engineering

Solutions for building infrastructure

By virtue of integrated building technology together with the power supply (total building solution) we support the hospital operator in fulfilling the challenges to deliver outstanding quality to the patient and at the same time to optimise the building performance, security, energy efficiency and thus the cost.

### Included services:

- › Building automation
- › Fire protection
- › Safety technology
- › Surgical solutions
- › Patient terminals
- › Safe energy distribution
- › Energy saving contracting

# FWTM – Management and Marketing for the city of Freiburg

Location marketing from a single source



On behalf of the city of Freiburg, FWTM is responsible for the location marketing, economy and tourism promotion as well as for the management of the exhibition grounds, concert hall and historical department store. We have developed special expertise in congresses, fairs and major events.

Our offer is aimed at guests and the citizens of Freiburg and also at the economy and companies in the city and region. We support the economy, science and institutions to sustainably strengthen the innovative capacity of the region.

[wirtschaftsfoerderung@fwtm.de](mailto:wirtschaftsfoerderung@fwtm.de)



## Tourist Information Freiburg town hall square

- › Information about the city and the Black Forest
- › Accommodation service on arrival
- › Guided tours
- › Excursions and activities
- › Brochures and souvenirs
- › Tickets
  - › Europa-Park
  - › Public transport
  - › Museums
  - › Sports club Freiburg
  - › and much more

Tel: +49 761 / 38 81-880  
[touristik@fwtm.de](mailto:touristik@fwtm.de)

## Managing board:



**Dr. Bernd Dallmann**  
Chairman



**Rüdiger Wörnle**  
Vice chairman

A total of 34 dedicated partners from the healthcare and tourism sectors, among them leading clinics and hospitals, practices and innovative companies and service providers, have joined the association „HealthRegion Freiburg e.V.“. They accompany and complement the activities of the cluster initiative sponsored for three years by funds from the European Regional Development Fund (ERDF).



**Karl-Eugen Dorner**  
Dorner Health IT Solutions



**Inga Heenemann**  
iOR Language School



**Dr. Kirsten Moser**  
Hotel Stadt Freiburg



**Reinhold Keil**  
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# Cluster HealthRegion Freiburg

A cross-sectoral network for your health

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[www.healthregion-freiburg.de](http://www.healthregion-freiburg.de)



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Project Initiator



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**A cross-sectoral network  
for your health**

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